

# WEEKLY PROGRAM

MARCH 30TH - APRIL 5TH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	VINYASA YOGA @ Yään	PILATES @ Yään	PILATES @ Yään	PRANIC MEDITATION @ Yään	VINYASA YOGA @ Yään	RESTORATIVE YOGA @ Yään	YIN YOGA @ Yään
08:30	RENEW & ALIGN YOGA @ Shala	ASHTANGA YOGA @ Shala	KUNDALINI YOGA @ Shala	VINYASA @ Shala	HATHA FLOW @ Shala	VINYASA YOGA @ Shala	DYNAMIC & FLOW YOGA @ Shala
11:30	CLARITY BREATHWORK @ Shala	QI GONG @ Shala	AGUA MAGICA @ Pool	BIODINAMIC BREATHWORK @ Shala		POETIC ORGASMS, VERSES OF ECSTASY @ Gratitude Tent	
13:30					JOURNEY DESIGN PORTAL: AN INTIMATE SPACE FOR PERSONAL GUIDANCE	*RECOVERY ICE BATH @ Shala	
17:00	*TEMAZCAL CEREMONY @ Temazcal	*CLAY & PLAY @ Cava					
18:00				EROTIC ALCHEMY @ Gratitude Tent	ENERGY ORGASMS 101 @ Gratitude Tent		EROTIC SPECTRUM @ Gratitude Tent
18:30	SONG BY THE FIRE @ Fire Pit	SACRED FIRE @ Fire Pit	FULL MOON @ Fire Pit	SACRED FIRE @ Fire Pit	SACRED FIRE @ Fire Pit	SACRED FIRE @ Fire Pit	SACRED FIRE @ Fire Pit

 NÔMADE TULUM
  BE TULUM
  IMMERSIVE JOURNEY

Special activities (\*) For details and pricing, please contact our Journey Designers: +52 1 984 114 0805

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