

NOMADE

TEMPLE

MUJER

MARCH PROGRAM

MUJER

Mother - Daughter - Sister



Women's gathering is a very special time to celebrate and strengthen the feminine polarity; when women come together to relate with each other, there is healing upon many generations. Come and explore the depths of relations among different women, together with Mayan traditional wisdom and teachings.

Our femininity is a universe that needs our compassionate awareness in order to find healing and harmony. Connecting with Nature and her limitless source of wisdom opens the door to find within ourselves the peace and order in all needs and cycles. We gather to remember through plants, flowers, water and fire this precious knowledge and how to apply it in our daily life.

FULL PROGRAM

MUJER ————— HIGHLIGHTS ACTIVITIES



OCEAN TALKS: ORGANIC BEAUTY SERIES RITUALS FOR DEEP REST With Supreet

Learn with Supreet how to create a peaceful evening routine with tea, skincare, self-massage, essential oils, herbs, and breathwork to release tension and prepare for a restful, refreshing night.

MAR 5TH
5:00PM @MARESIAS
FREE FOR ALL*

RESERVE

YOGA ASANAS With Arun

Based on traditional practices, our yoga sessions integrate Asanas to create balance and harmony between body, mind, and spirit. Designed for all levels, from beginners to advanced practitioners, the flow of postures enhances flexibility, strength, and coordination.

MAR 6TH
9:00AM @SHALA
WEEKLY CLASS*

RESERVE



Please check with our Journey Designers
for details and pricing +52 1 984 114 0805

FULL PROGRAM

MUJER ————— HIGHLIGHTS ACTIVITIES



GRATITUDE TENT: THE GESTATION OF THE NAWAL

With Nana Makuna Mawé, Ajq'ij Maya

MAR 6TH
6:00PM @GRATITUDE TENT
FREE FOR ALL*

RESERVE

MUDRAS FOR FEMININE ENERGY

With Ola

Explore the mudras, hand gestures that embody feminine energy, intuition, and flow. Through this meditative practice with storytelling inspired in Indian cosmology, deepen your connection to creativity, receptivity, and inner wisdom.

MAR 7TH
11:30AM @SHALA

RESERVE



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FULL PROGRAM

MUJER ————— HIGHLIGHTS ACTIVITIES



BE ART: SPIRITS

Be Art is the place where we become present with art. Art takes many forms, offering us ways to reflect on what we see and what we feel. In this cycle, we will meet artists from around the world, exploring their unique expressions.

At the same time, you'll have the opportunity to experience the art of spirits and cocktails. A selection of tapas and finger food will be available, adding another layer to this evening.

MAR 7TH
7:00PM - 10:00PM @MARESIAS

RESERVE

NOURISHING TEMAZCAL

With María

Herbs, Clay, oils, honey, and aloe vera's properties are empowered by the energy of steam and volcanic stone's minerality, embedding us in the temazcal atmosphere of intimacy and reunion.

MAR 8TH
11:30AM @YÄAN

RESERVE



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FULL PROGRAM

MUJER ————— HIGHLIGHTS ACTIVITIES



NÔMADE X WUMANAS: A SPECIAL WOMEN'S DAY CELEBRATION

Concert by Paloma Del Cerro

A Day of artistic expression honoring women's strength and creativity.

Wumanas is a global collective that promotes inclusion and sorority, representing diverse women artists—designers, musicians, healers, and more.

MAR 8TH
7:30PM @MACONDO

RESERVE

MOTHERING WATERS

With María

Embracing the inner child in joy.

In warm waters perfumed with herbs and roses, we dive deep within the connection with our inner child.

MAR 9TH
11:30AM @SHALA

RESERVE



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FULL PROGRAM

MUJER ————— HIGHLIGHTS ACTIVITIES



NÔMADE POP UP MARKET

Nômade Pop-Up Market is the perfect time to decompress and enjoy the local life of Tulum. Great music, the most creative local brands, and a space for all of us to enjoy the beach with our friends, family, and kids. For the women's week gathering, we'll also have a community painting session by the sea, Sunset included!

MAR 9TH
1:00PM-8:00PM @NÔMADE
FREE FOR ALL*

RESERVE

CERAMIC & WINE WORKSHOP

A space for creation, connection and community.
A creative flow as a collective.

MAR 12TH
5:00PM @MARESIAS

RESERVE



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FULL PROGRAM

MUJER ————— HIGHLIGHTS ACTIVITIES



GONG FU TEA CEREMONY With Katya

The Gong Fu Tea Ceremony is a traditional Chinese practice that engages the senses, using water, fire, earth, and air. It features high-quality teas from Japan, China, and Taiwan in three mindful rounds.

MAR 13TH
5:00PM @KUU

RESERVE

FULL MOON RITUAL With Don Chui

The full moon is a great time to clear out what's holding you back and boost your creativity. Under the luminous full moon, connect with nature, set intentions, and embrace the energy of renewal.

MAR 14TH
6:00PM @FIREPIT
FREE FOR ALL*

RESERVE



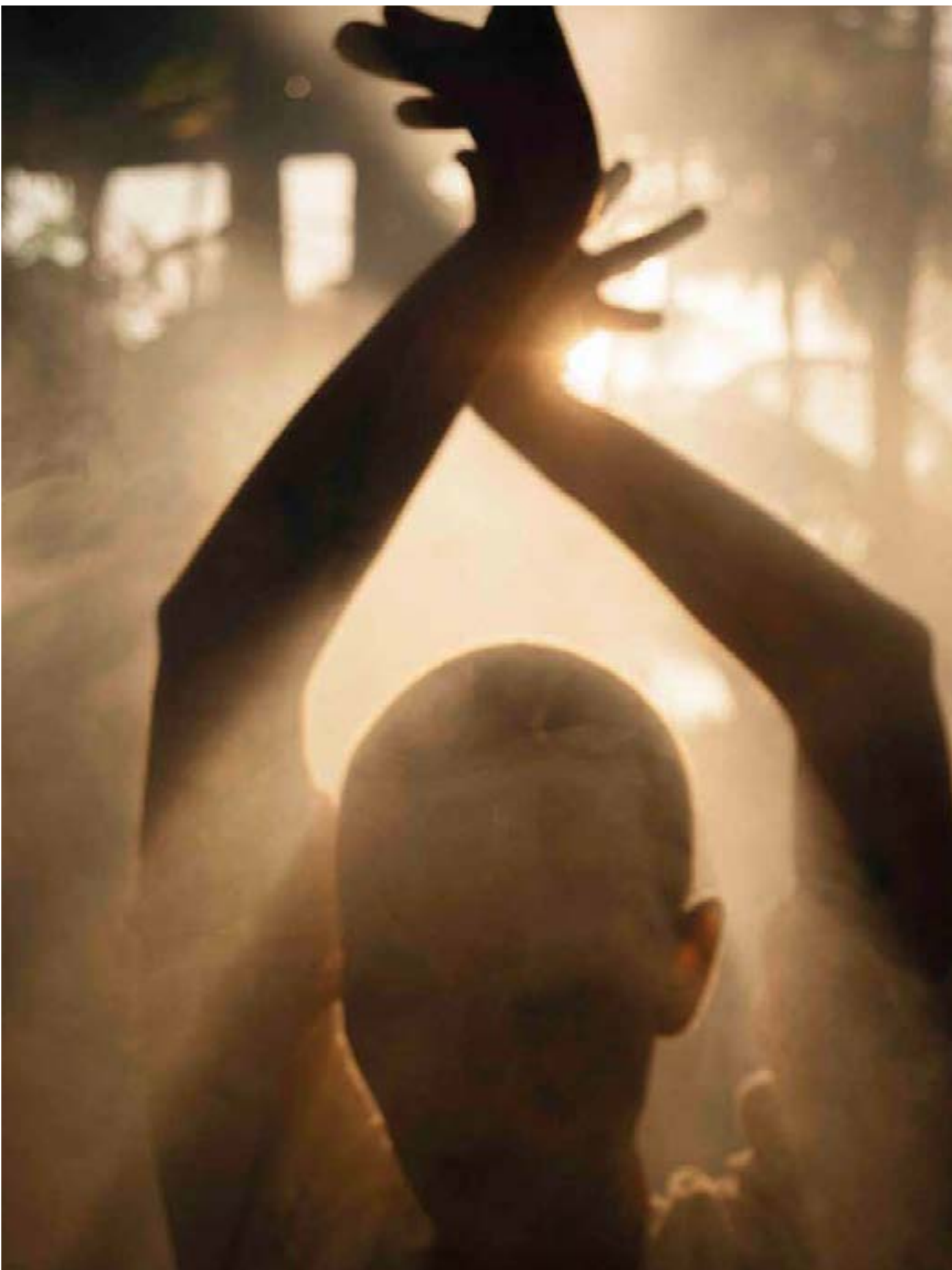
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SPRING EQUINOX

MAR 20TH - 23RD

NO
30
DEAD

SPRING EQUINOX



This **Spring Equinox**, step into a weekend of balance, renewal, and growth. In the calm beauty of Tulum, we'll honor equal day and night with a journey into, Music, art, wellness, and nature.

The equinox is a time for transformation and new beginnings - a perfect opportunity to reset, recharge, and reconnect with yourself and nature. Our program will include rejuvenating wellness practices, creative workshops, nature immersion, and activities designed to help you find your center and embrace the possibilities ahead.

FULL PROGRAM

SPRING EQUINOX——— HIGHLIGHTS ACTIVITIES



YOGA ASANAS With Arun

Based on traditional practices, our yoga sessions integrate Asanas to create balance and harmony between body, mind, and spirit. Designed for all levels, from beginners to advanced practitioners, the flow of postures enhances flexibility, strength, and coordination.

MAR 20TH
9:00AM @SHALA
WEEKLY CLASS*

[VIEW MORE](#)

GRATITUDE TENT: LIMINAL BREATHWORK With James Oliver

Liminal Breathwork guides you through the transition between past and future self, helping release old patterns and reconnect with your authentic, peaceful, and self-accepting nature.

MAR 20TH
11:30AM @GRATITUDE TENT
WEEKLY CLASS*

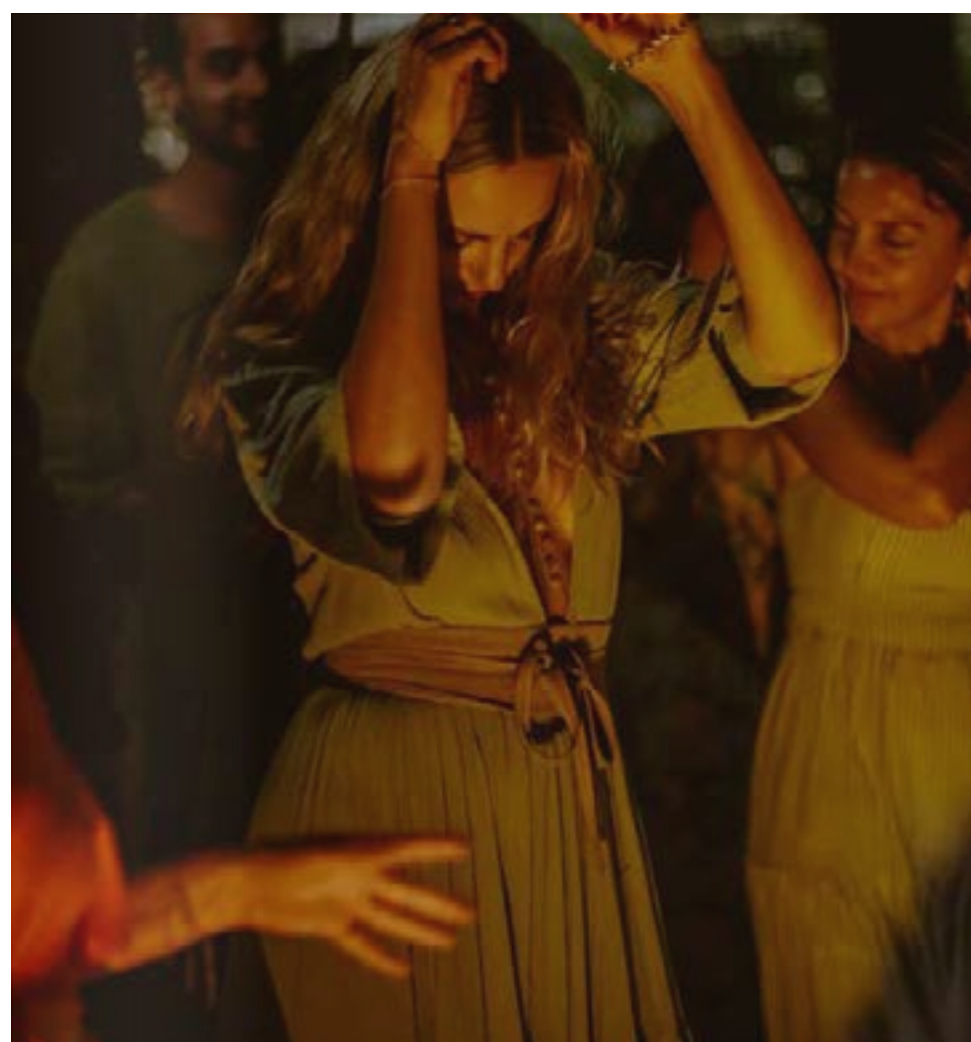
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FULL PROGRAM

SPRING EQUINOX ——— HIGHLIGHTS ACTIVITIES



NOMMO FEST

This festival will take place in Tulum, blending art and music in a powerful celebration and call to action. We unite with a shared mission: to support and empower five incredible foundations making a difference in Tulum.

Experience the fusion of art, wellness and music.

MAR 20TH
3:00PM - 1:00AM @LAPOPULAR

[VIEW MORE](#)

YIN YOGA FOR THE EQUINOX

With OLA

Honor the balance of the equinox with a Yogic journey into stillness and introspection. Soften into transition, embrace feelings, and realign with the rhythms of change.

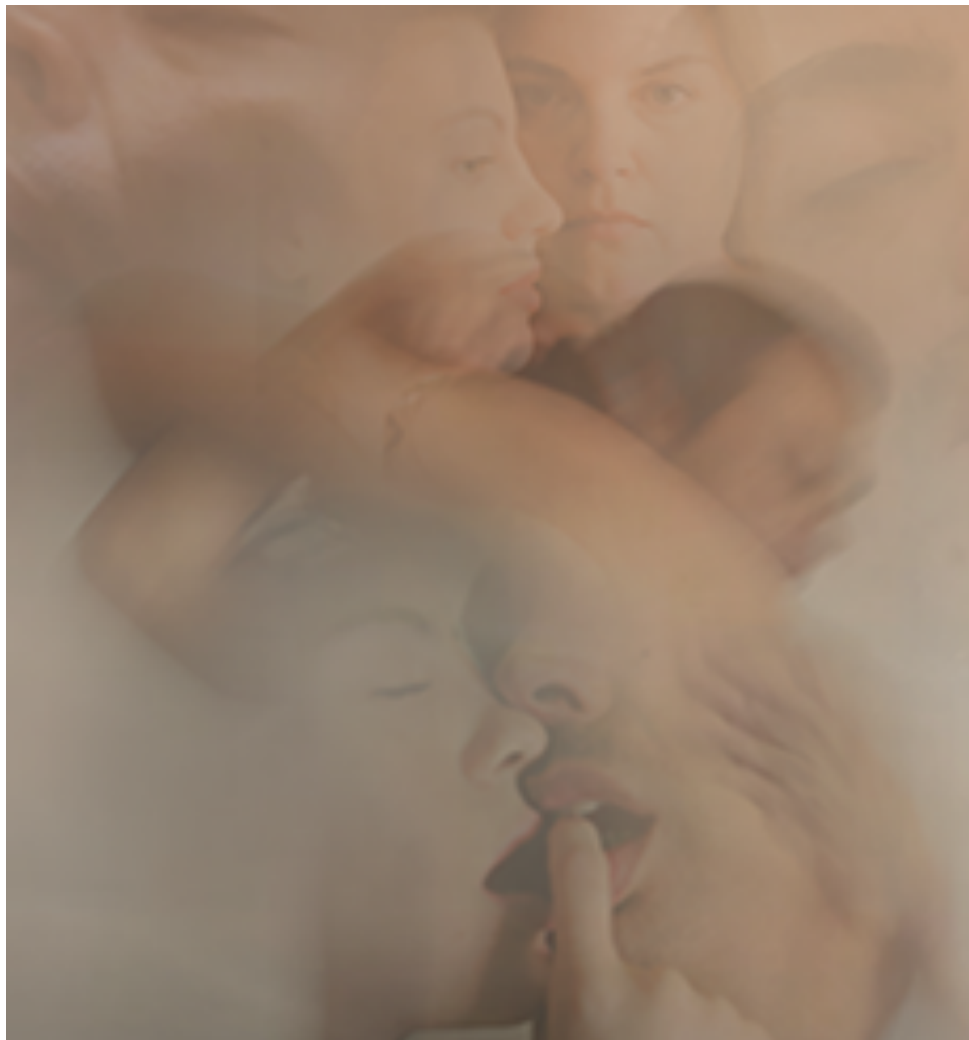
MAR 21ST
9:00AM @SHALA

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FULL PROGRAM

SPRING EQUINOX — HIGHLIGHTS ACTIVITIES



PLAY TASTE

By Bestias.art

Nômade Theater Series presents: TASTE—6 scenes, diverse genres, all inspired by the theme of taste. An immersive show where the audience curates their journey, making each performance uniquely personal. A night filled with unforgettable experiences by the sea, accompanied by an exquisite dining menu.

MAR 21ST -22ND
6:00PM @LAPOPULAR

VIEW MORE

ICE BATH

Cold therapy with our copper ice bath promotes muscle recovery, improves circulation, and enhances mood. Led by experts, focus on breath control and resilience, optimizing recovery and performance for athletes and wellness enthusiasts.

MAR 22ND
1:00PM @SHALA
WEEKLY CLASS*

VIEW MORE



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FULL PROGRAM

SPRING EQUINOX — HIGHLIGHTS ACTIVITIES



NÔMADE POP UP MARKET

Nomade Pop-Up Market is the perfect time to decompress and enjoy the local life of Tulum, great music, wellness activations & the most creative local brands, and a space for all of us to enjoy the beach with our friends, family, and kids. Sunset included!

MAR 23RD
1:00PM - 8:00PM @NÔMADE
FREE FOR ALL*

[VIEW MORE](#)

NEW MOON: SAMBA DE COCO BRAZILIAN VIBE

Celebrate the New Moon with Samba de Coco, a traditional Roda dance from Pernambuco, Brazil. Join the Coletivo Capoeira for music, dance, and community by the beach.

MAR 23RD
3:30PM @FIREPIT

[VIEW MORE](#)

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FULL PROGRAM

SPRING EQUINOX — HIGHLIGHTS ACTIVITIES



AWAKENING THE SENSES

Reconnect with your senses in a 2-hour immersive workshop through breath, movement, sound, touch, and taste. Explore sensory play, deep listening, and rituals to enhance presence, pleasure, and connection.

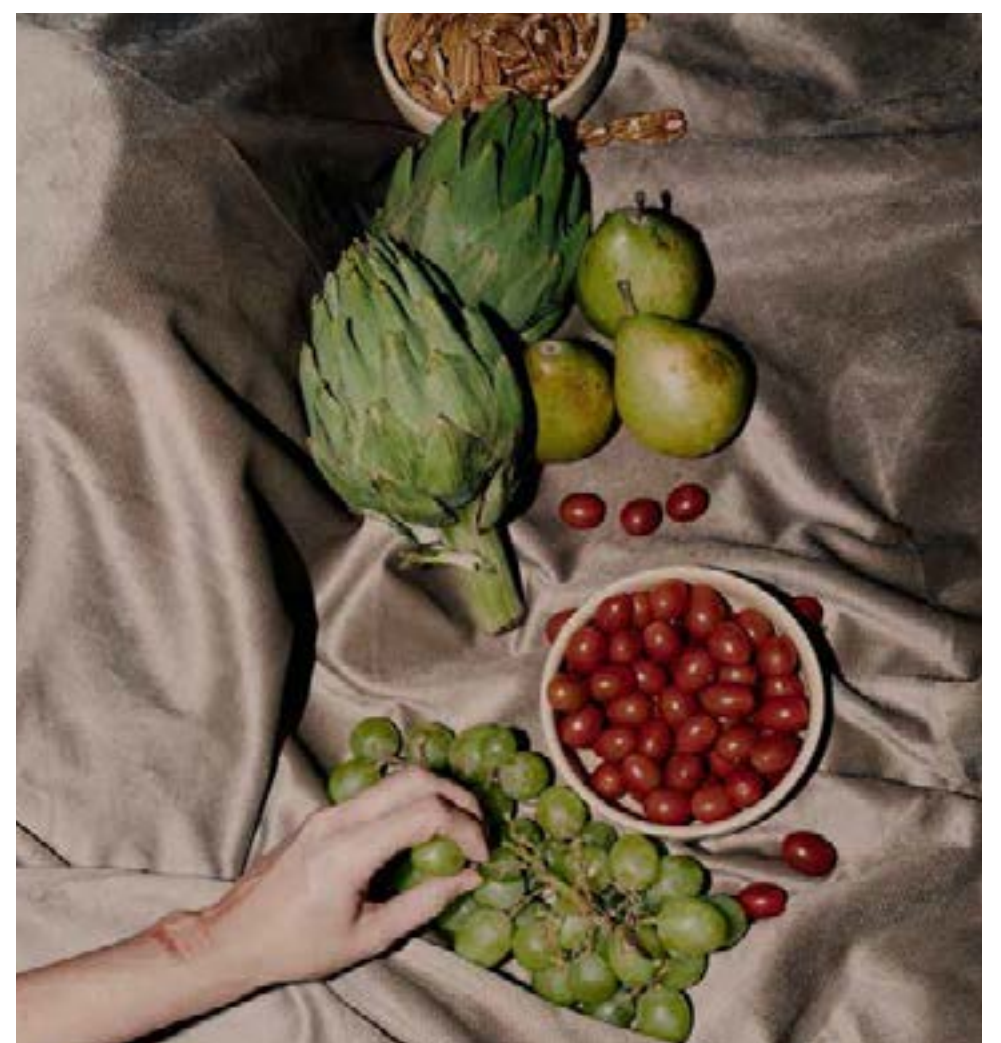
MAR 27TH
5:00PM @GRATITUDE TENT

[VIEW MORE](#)

SOBREMESA

Our philosophical banquets are enriching gatherings that combine meaningful conversations and shared meals. These evenings encourage deep discussions on life, ideas, and existence, fostering connection, curiosity, and the exchange of "food for thought."

MAR 27TH
5:00PM @BETULUM

[VIEW MORE](#)

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MUJER ————— HIGHLIGHTS ACTIVITIES

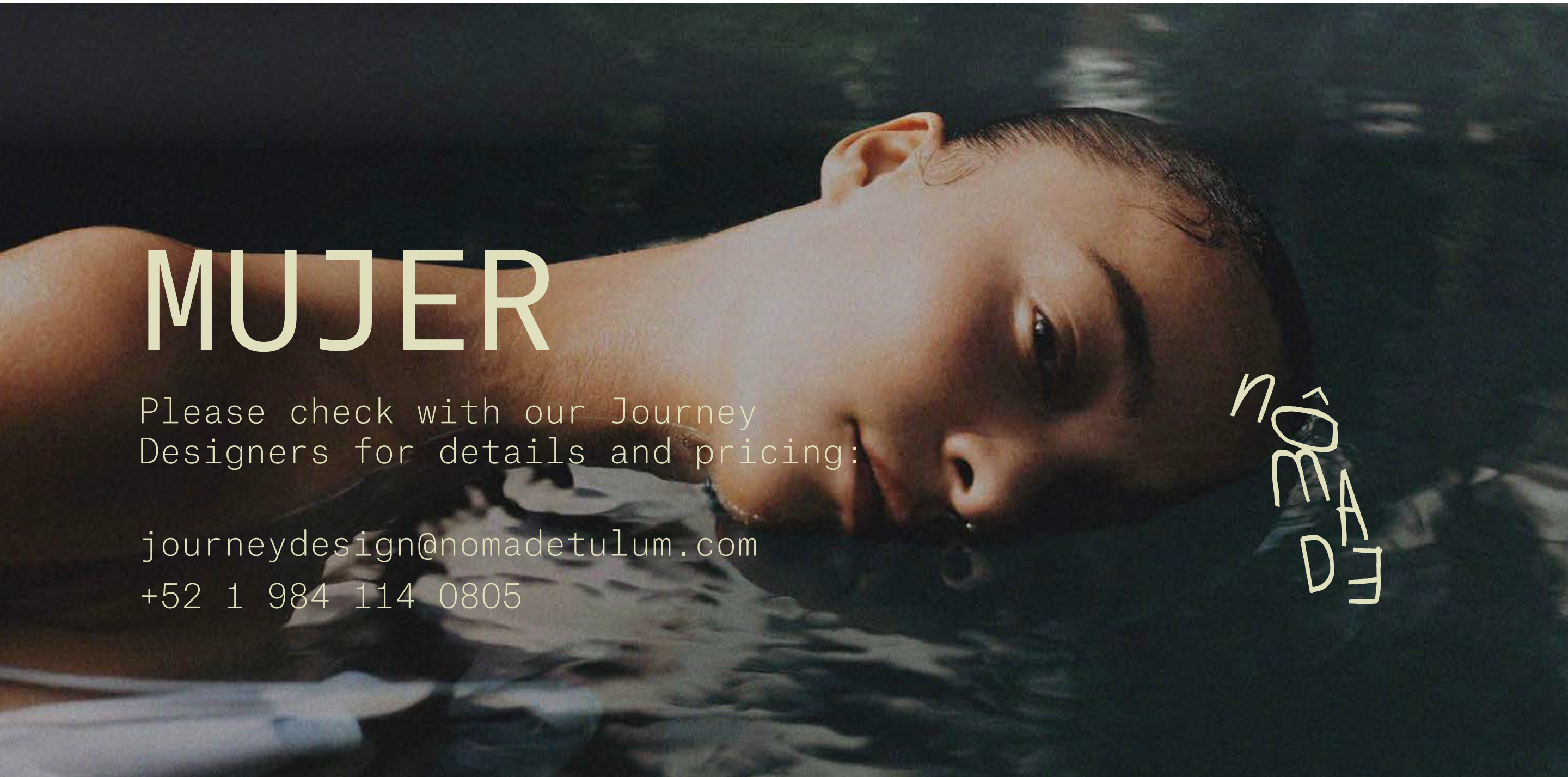


CANDLE-LIT FULL MOON CONCERT: With INTIS by Miguel Hiroshi & Leonardo Prakash

Let Miguel Hiroshi & Leo Prakash take you on an intimate evening at Macondo, where they'll unveil their new album. Experience deep rhythms, unique melodies, and a night of connection through sound.

MAR 14TH
7:00PM @MACONDO

RESERVE



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