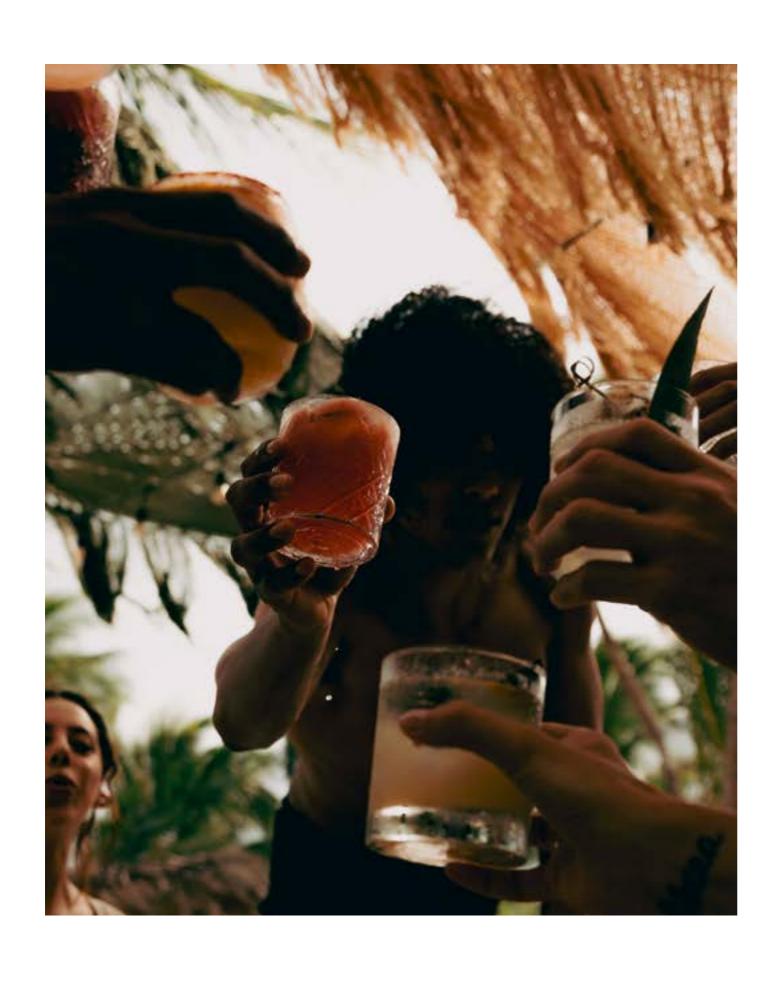


MANGIARE

August Program



Picture yourself surrounded by the finest flavors, sounds, and art.

Mangiare by Nômade Temple invites you to its monthly program that celebrates food and creativity through curated

experiences.

MANGIARE — HIGHLIGHTED ACTIVITIES



MANGIARE: GIN & OYSTER BAR

Good vibes, fresh oysters, and perfectly crafted gin tonics by the sea.

EVERY WEEKEND, FROM 14:00HRS @LA POPULAR

MANGIARE: CERAMICS & WINE

Clay & Play. A space for making, connecting, and gathering. A shared creative process.

AUGUST 6TH, 17:00HRS @MARE'ZIA





MANGIARE: STUDIO SOUND With Flamencos

In this special presentation, the artists invite you to explore the rhythms of flamenco—from its origins to the present—through musical interpretations and genre-based dance.

AUGUST 15TH, 19:30HRS @LA POPULAR

FREE FOR ALL**

MANGIARE — HIGHLIGHTED ACTIVITIES



MANGIARE: TEQUILA & CHOCOLATE TASTING

Explore the bold flavors of Mexico through a guided tasting of artisanal chocolates paired with three distinct tequila labels.

AUGUST 20TH & 27TH 17:00HRS @LA POPULAR

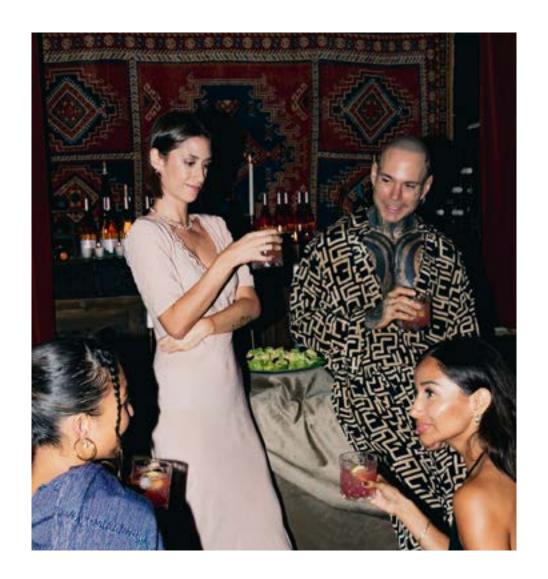
MANGIARE: BE ART SPIRITS

Art takes many forms. Experience a night of artistic discovery, crafted cocktails, and global grooves on vinyl. Explore unique expressions, savor signature drinks, and enjoy delicious bites.

AUGUST 22ND 19:00HRS-22:00HRS @MARE'ZIA



MANGIARE — HIGHLIGHTED ACTIVITIES



MANGIARE: NEW MOON VISION BOARD DINNER

Reflect and set intentions under the New Moon. Clarify your focus, define what you wish to grow, and share the experience over a thoughtfully prepared dinner at our Maré'zia speakeasy.

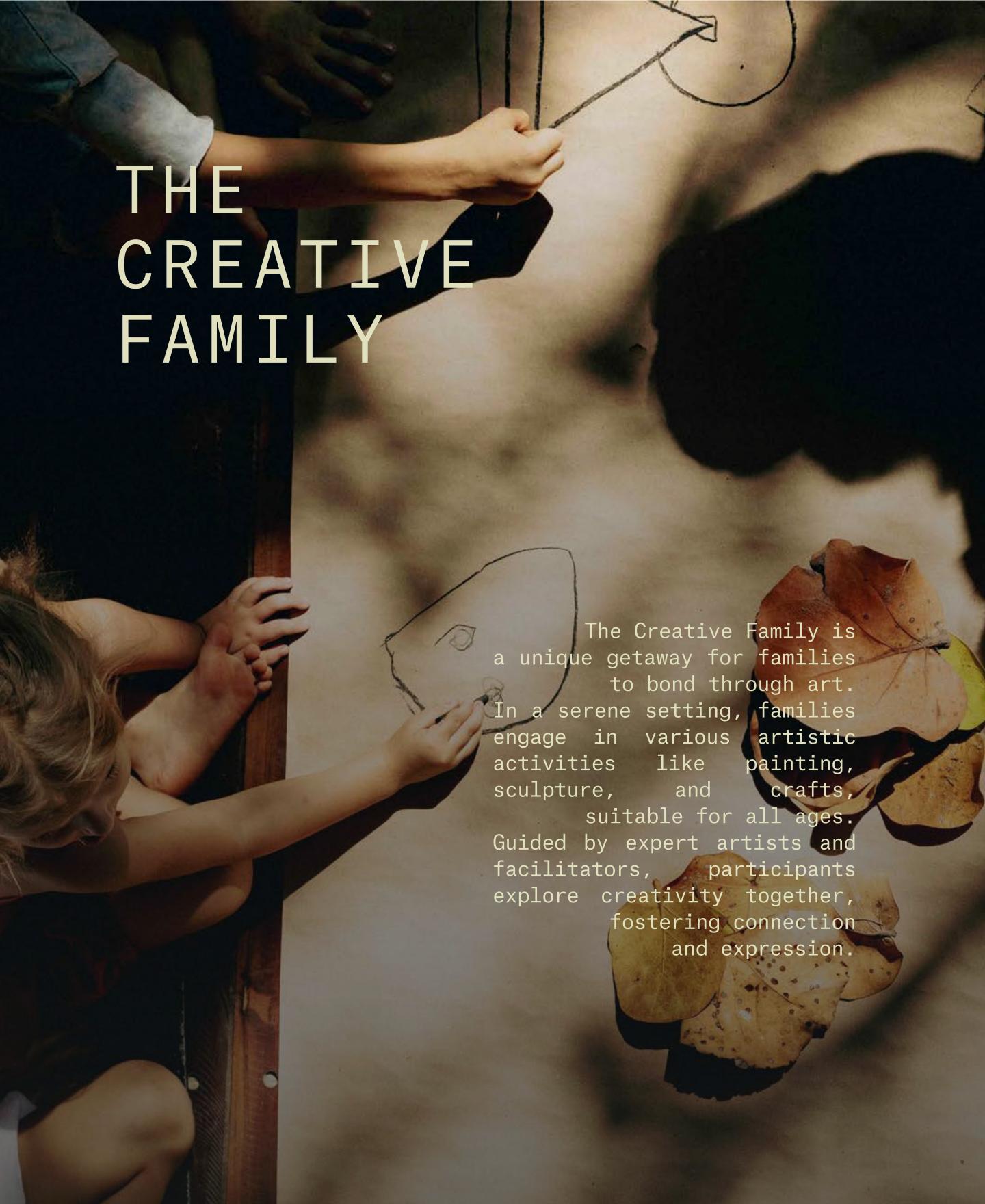
AUGUST 23RD 18:00HRS @CAVA

MANGIARE: POP UP QUETZAL

We welcome Quetzal and acclaimed mixologist Elliott Campbell to Macondo. This pop-up will take place during our Thursday Origins tradition—a night of bold cocktails, original sounds, and laid-back vibes.

AUGUST 28TH 19:00HRS @MACONDO





THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY: NATURAL ART: HANDBAGS PRINTING with Mariana

Collect flowers, branches, and other natural elements to print your own artistic handbag using natural dyes.

AUGUST 3RD 17:00HRS @LA POPULAR

FAMILY SUNDAY'S

The sun is high, the water is cool, and the sound just right. Spend the day poolside with our Nômade friends.

2-for-1 drinks at sunset to end the day just right.

AUGUST 10TH 14:00-19:00HRS @LAPOPULAR FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY: COLLECTIVE MURAL PAINTING

Let's co-create in collaboration with the community.

AUGUST 10TH 17:00HRS @LAPOPULAR FREE FOR ALL**

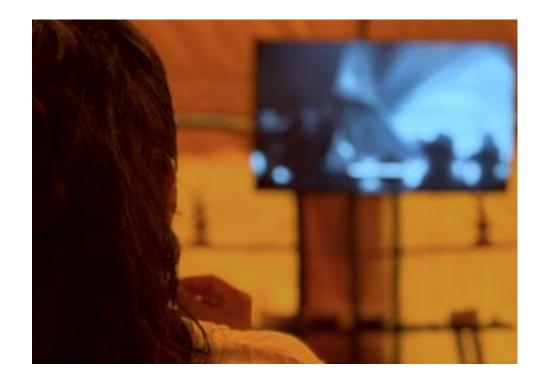
THE CREATIVE FAMILY: ACROYOGA

Play and learn yoga poses in pairs!

AUGUST 12TH 17:00HRS @GRATITUDE TENT FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY MOVIE NIGHT: KIRIKOU & THE SORCERESS

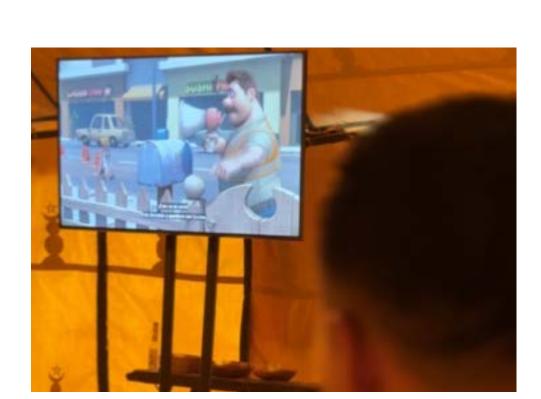
Enjoy a family afternoon with a French animated film inspired by African tales at Gratitude Tent.

AUGUST 13TH 17:00HRS @GRATITUDE TENT FREE FOR ALL**

THE CREATIVE FAMILY: PLANT YOUR SEED with Mariana

Gather native seeds from the surrounding area and plant them using recycled materials with the whole family.

AUGUST 17TH 18:00HRS @GRATITUDE TENT



THE CREATIVE FAMILY: MOVIE NIGHT: KIRIKOU & THE BEASTS

Enjoy a family afternoon with a French animated film inspired by African tales at Gratitude Tent.

AUGUST 27TH 17:00HRS @GRATITUDE TENT FREE FOR ALL**

OTHER EVENTS — & WEEKLY CLASSES



TENT TAKEOVER: CONTEMPLATIVE PHOTOGRAPHY

View photography as a contemplative approach—recognizing and capturing your environment.

AUGUST 7TH 18:00HRS @GRATITUDE TENT FREE FOR ALL**

FULL MOON CEREMONY

Let's celebrate our moonthly ritual together.

AUGUST 9TH 19:00HRS @FIREPIT FREE FOR ALL**



OTHER EVENTS — & WEEKLY CLASSES



TENT TAKEOVER: REWRITING YOUR INNER NARRATIVE With Georgina

Be guided through a step-by-step process to create a new narrative that supports your growth and goals.

AUGUST 14TH 18:00HRS @GRATITUDE TENT FREE FOR ALL**

TENT TAKEOVER: LYMPHATIC SELF-MASSAGE

Learn about the lymphatic system and how to regulate it on your own.

AUGUST 21ST 18:00HRS @GRATITUDE TENT FREE FOR ALL**



OTHER EVENTS — & WEEKLY CLASSES



ORIGINS

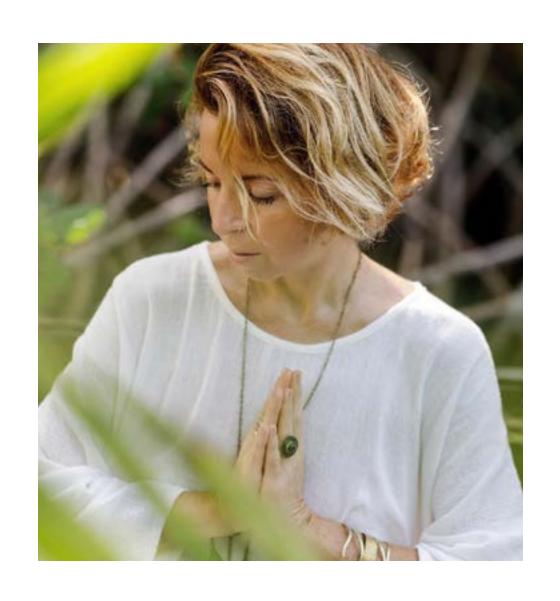
A celebration of Tulum's spirit through music, shared presence, and connection. This experience engages the senses and reflects the cultural roots of the region.

EVERY THURSDAY 19:30HRS @MACONDO FREE FOR ALL**

TENT TAKOVER: EXPLORING INTIMACY & CONNECTION

Take time to be present with another and allow your senses to unfold through shared embodied awareness practices.

AUGUST 28TH 18:00HRS @GRATITUDE TENT FREE FOR ALL** WEEKLY CLASS



MANGIARE — WEEKLY CLASSES



TEMAZCAL CEREMONY

The Temazcal is an ancestral steam ceremony where participants move through four stages linked to the elements. Through heat, stones, and water, it offers a space for reflection, release, and connection to self and nature.

EVERY MONDAY 17:00HRS @TEMAZCAL WEEKLY CLASS

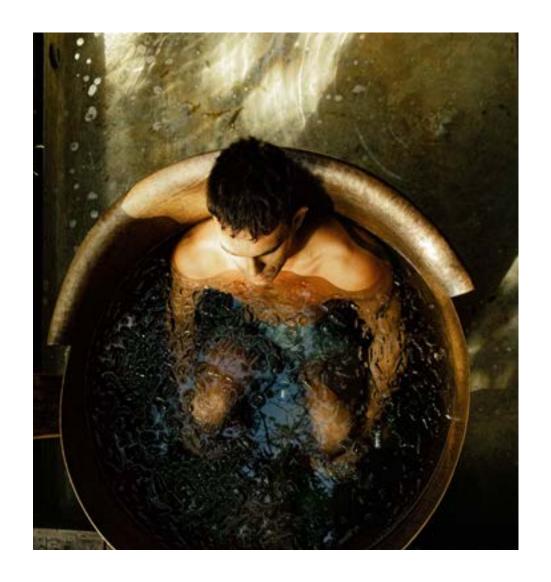
CACAO CEREMONY

Share the medicine of Cacao, fostering gratitude and heart-opening moments within your family.

EVERY FRIDAY 17:00HRS @SHALA WEEKLY CLASS



MANGIARE — WEEKLY CLASSES



ICE BATH

Cold immersion in our copper ice bath supports circulation, recovery, and focus. Guided by trained practitioners, the session combines breath control and cold exposure to build physical and mental resilience.

EVERY SATURDAY 15:00HRS @SHALA WEEKLY CLASS

SOUND BATHS

Natural and organic sounds are woven together to access Alpha and Theta frequencies, supporting deep listening, introspection, and the restoration of the circadian rhythm while regulating the nervous system.

EVERY SUNDAY 18:00HRS @GRATITUDE TENT WEEKLY CLASS



