

MANGIARE

August Program



Picture yourself surrounded by the finest flavors, sounds, and art.

Mangiare by Nômade Temple invites you to its monthly program that celebrates food and creativity through curated experiences.

MANGIARE — HIGHLIGHTED ACTIVITIES



MANGIARE: CERAMICS & WINE

Clay & Play. A space for making, connecting, and gathering. A shared creative process.

AUG 6TH / 17:00HRS @MARE'ZIA

MANGIARE: BE ART SPIRITS

Experience a night of artistic discovery, global vinyl grooves, and unique expressions. Savor a curated selection of wines and indulge in perfectly paired cheese boards.

AUGUST 22ND / 19:00HRS @MARE'ZIA





MANGIARE: NEW MOON VISION BOARD DINNER

Reflect and set intentions under the New Moon. Clarify your focus, define what you wish to grow, and share the experience over a thoughtfully prepared dinner at our Maré'zia speakeasy.

AUGUST 23RD / 18:00HRS @MARE'ZIA



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY: NATURAL ART: HANDBAGS PRINTING with Mariana

Collect flowers, branches, and other natural elements to print your own artistic handbag using natural dyes.

AUG 3RD 17:00HRS @LA POPULAR

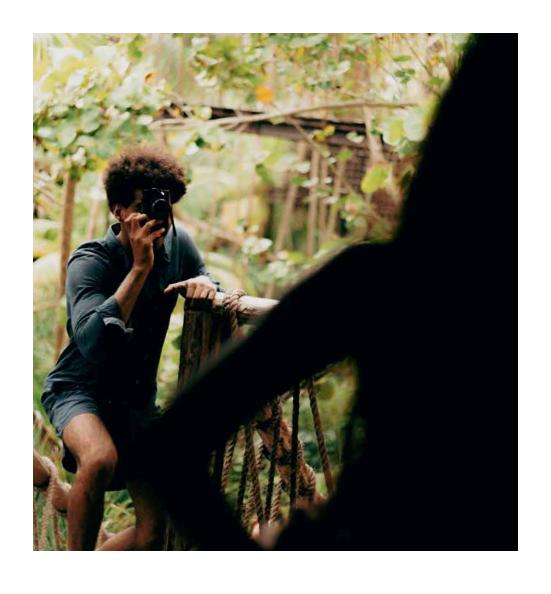
TENT TAKEOVER: CONTEMPLATIVE PHOTOGRAPHY

View photography as a contemplative approach—recognizing and capturing your environment.

AUG 7TH

18:00HRS @GRATITUDE TENT

FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



FULL MOON CEREMONY

Let's celebrate our moonthly ritual together.

AUG 9TH 19:00HRS @FIREPIT FREE FOR ALL**

FAMILY SUNDAY'S: POP UP MARKET

Nômade Pop-Up Market is a time to decompress and experience the local life of Tulum-music, creative local brands, and a space to enjoy the beach with friends, family, and kids. Sunset included.

AUGUST 10TH 14:00HRS - 19:00HRS @LAPOPULAR FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY: COLLECTIVE MURAL PAINTING

Let's co-create in collaboration with the community.

AUGUST 10TH 17:00HRS @LAPOPULAR

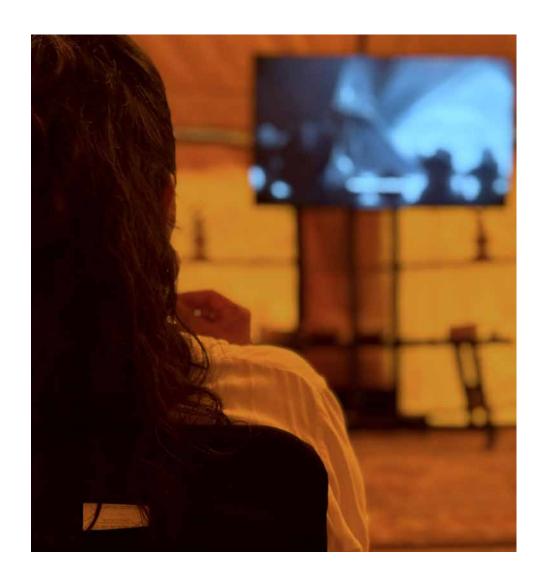
THE CREATIVE FAMILY: ACROYOGA

Play and learn yoga poses in pairs!

AUGUST 12TH 17:00HRS @GRATITUDE TENT FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY MOVIE NIGHT: KIRIKOU & THE SORCERESS

Enjoy a family afternoon with a French animated film inspired by African tales at Gratitude Tent.

AUGUST 13TH 17:00HRS @GRATITUDE TENT FREE FOR ALL**

TENT TAKEOVER: REWRITING YOUR INNER NARRATIVE With Georgina

Be guided through a step-by-step process to create a new narrative that supports your growth and goals.

AUGUST 14TH 18:00HRS @GRATITUDE TENT FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



ORIGINS

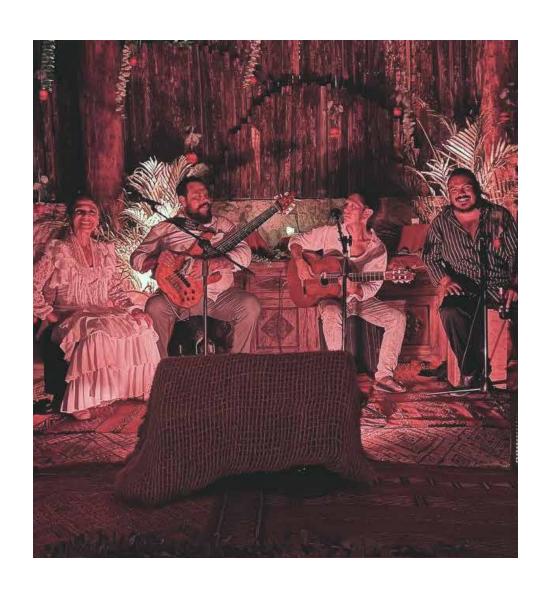
A celebration of Tulum's spirit through music, shared presence, and connection. This experience engages the senses and reflects the cultural roots of the region.

EVERY THURSDAY 19:30HRS @MACONDO FREE FOR ALL**

STUDIO SOUND With Flamencos

In this special presentation, the artists invite you to explore the rhythms of flamenco—from its origins to the present—through musical interpretations and genre-based dance.

AUGUST 15TH 19:30HRS @MACONDO FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY: PLANT YOUR SEED

with Mariana

Gather native seeds from the surrounding area and plant them using recycled materials with the whole family.

AUGUST 17TH 18:00HRS @GRATITUDE TENT

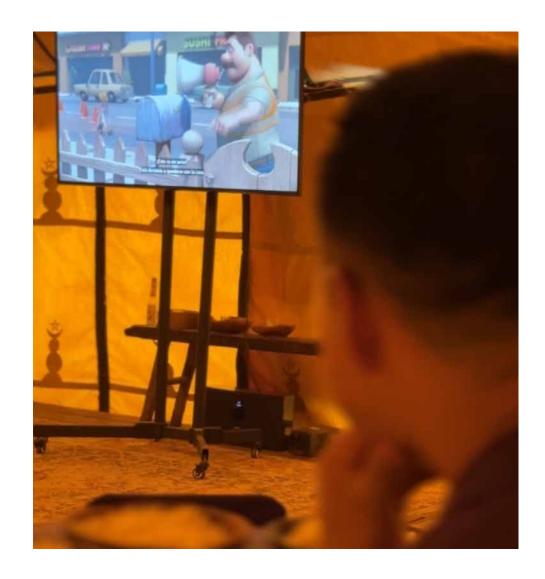
TENT TAKEOVER: LYMPHATIC SELF-MASSAGE

Learn about the lymphatic system and how to regulate it on your own.

AUGUST 21ST 18:00HRS @GRATITUDE TENT FREE FOR ALL**



THE CREATIVE FAMILY —— HIGHLIGHTED ACTIVITIES



THE CREATIVE FAMILY MOVIE NIGHT: KIRIKOU & THE BEASTS

Enjoy a family afternoon with a French animated film inspired by African tales at Gratitude Tent.

AUGUST 27TH 17:00HRS @GRATITUDE TENT FREE FOR ALL**

TENT TAKOVER: EXPLORING INTIMACY & CONNECTION

Take time to be present with another and allow your senses to unfold through shared embodied awareness practices.

AUGUST 28TH 18:00HRS @GRATITUDE TENT WEEKLY CLASS / FREE FOR ALL**



MANGIARE — WEEKLY CLASSES



TEMAZCAL CEREMONY

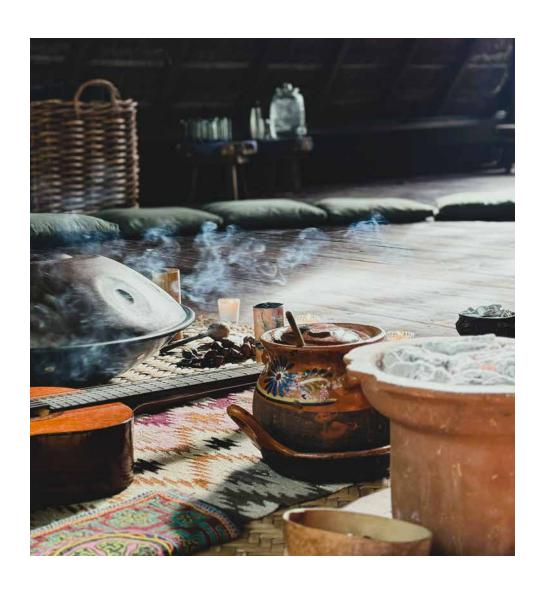
The Temazcal is an ancestral steam ceremony where participants move through four stages linked to the elements. Through heat, stones, and water, it offers a space for reflection, release, and connection to self and nature.

EVERY MONDAY 17:00HRS @TEMAZCAL

CACAO CEREMONY

Share the medicine of Cacao, fostering gratitude and heart-opening moments within your family.

EVERY FRIDAY 18:00HRS @SHALA



MANGIARE — WEEKLY CLASSES



ICE BATH

Cold immersion in our copper ice bath supports circulation, recovery, and focus. Guided by trained practitioners, the session combines breath control and cold exposure to build physical and mental resilience.

EVERY SATURDAY 15:00HRS @SHALA

SOUND BATHS

Natural and organic sounds are woven together to access Alpha and Theta frequencies, supporting deep listening, introspection, and the restoration of the circadian rhythm while regulating the nervous system.

EVERY SATURDAY
18:00HRS @GRATITUDE TENT

