

NOMADE

TEMPLE

HAPPY TOGETHER

APRIL PROGRAM

HAPPY TOGETHER

Friends - Family



The realization of each other's company is that it makes us better. Sometimes better because it inspires. Sometimes because it gives us energy. In many places, April is seen as the true beginning of the year—bursting with spring's potential energy.

We gather to explore what it means to be in each other's presence. To care for our bodies. To reset our systems. To begin again with joy and lightness.

Join us for celebrations, workshops, art, expression, and shared moments to grow-together.

FULL PROGRAM

HAPPY TOGETHER ————— HIGHLIGHTED ACTIVITIES



RESIDENT YAMAGUCCI

Yamagucci, has grown to become one of the most exciting names in the nightlife scene. Born to a musical family, Yamagucci grew up in an artist village, and has shaped his signature sound in the electronic music world over the past few years. Using field recordings and organic percussion sounds in his production, his music always delivers a funky unique twist.

APR 3RD
22:00HRS @MACONDO

GRATITUDE TENT TAKEOVER: BIOFIELD MAGNETS SOUNDBATH with Arlette & Chris

The healing power of magnets stems from the practice of biomagnetism, which balances the body's energy flow and releases blockages. Applied to specific points, this technique helps alleviate sickness, anxiety, and promotes detoxification, enhanced by live Himalayan sounds.

APR 3RD & 27TH
18:00HRS @GRATITUDE TENT



Please check with our Journey Designers
for details and pricing +52 1 984 114 0805

METABOLIC RESET

A TIME TO RENEW

WEEKEND
APR 3RD - 6TH

NO
DEAD
LINE

METABOLIC RESET

A TIME TO RENEW



Spring is the ideal season to cleanse and reset.

According to Chinese medicine, this is the moment to support the liver and metabolism, allowing the body to heal, detox, and restore balance naturally.

Whether you're looking for a full cleanse or simply practical knowledge to integrate into daily life, this is an opportunity to reset, recharge, and realign.

FULL PROGRAM

METABOLIC RESET ——— HIGHLIGHTED ACTIVITIES



YOGA MASTERCLASS: BALANCING ASANAS with Arun

Learn and understand the difference between a crow (kakasana) and crane (bakasana). The class can be accommodated for all levels of practitioners.

APR 24TH
09:00HRS @SHALA

ENDOCRINE CORRELATION: HOW THE GLANDS TALK TO EACH OTHER with Miguel Mendez

Discover how hormones interact to regulate growth, metabolism, and mood, creating balance within the body.

APR 24TH
18:00HRS @GRATITUDE TENT



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FULL PROGRAM

METABOLIC RESET ——— HIGHLIGHTED ACTIVITIES



CIRCADIAN RHYTHMS ACTIVATION

With Lola & Garrett

Align with nature's rhythm and reset your internal clock with movement, sunlight, and grounding. This session supports circulation, tension release, and overall balance. For best results, wear a bathing suit or light clothing.

APR 25TH
07:00HRS @BEACH

CULINARY WISDOM FOR HORMONAL BALANCE

with Gaia Bidin

Learn how local, nutrient-rich ingredients can support well-being through mindful cooking and eating. Led by Gaia Bidin, Health Coach in Holistic Nutrition specializing in Hormonal Health.

APR 25TH
18:00HRS @GRATITUDE TENT



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FULL PROGRAM

METABOLIC RESET ——— HIGHLIGHTED ACTIVITIES



LYMPHATIC FLOW: A PARTNER MASSAGE WORKSHOP with Miguel Mendez

Learn gentle techniques to support the lymphatic system, enhance circulation, and promote relaxation. Perfect for couples or friends looking to unwind together.

APR 26TH
18:00HRS @GRATITUDE TENT

BIOFIELD MAGNETS SOUNDBATH with Arlette & Chris

Experience biomagnetism combined with live Himalayan sounds to support balance, release tension, and promote well-being through targeted magnetic application.

APR 27TH
18:00HRS @GRATITUDE TENT



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FULL PROGRAM

METABOLIC RESET ——— HIGHLIGHTED ACTIVITIES



FAMILY SUNDAY'S: KIDS

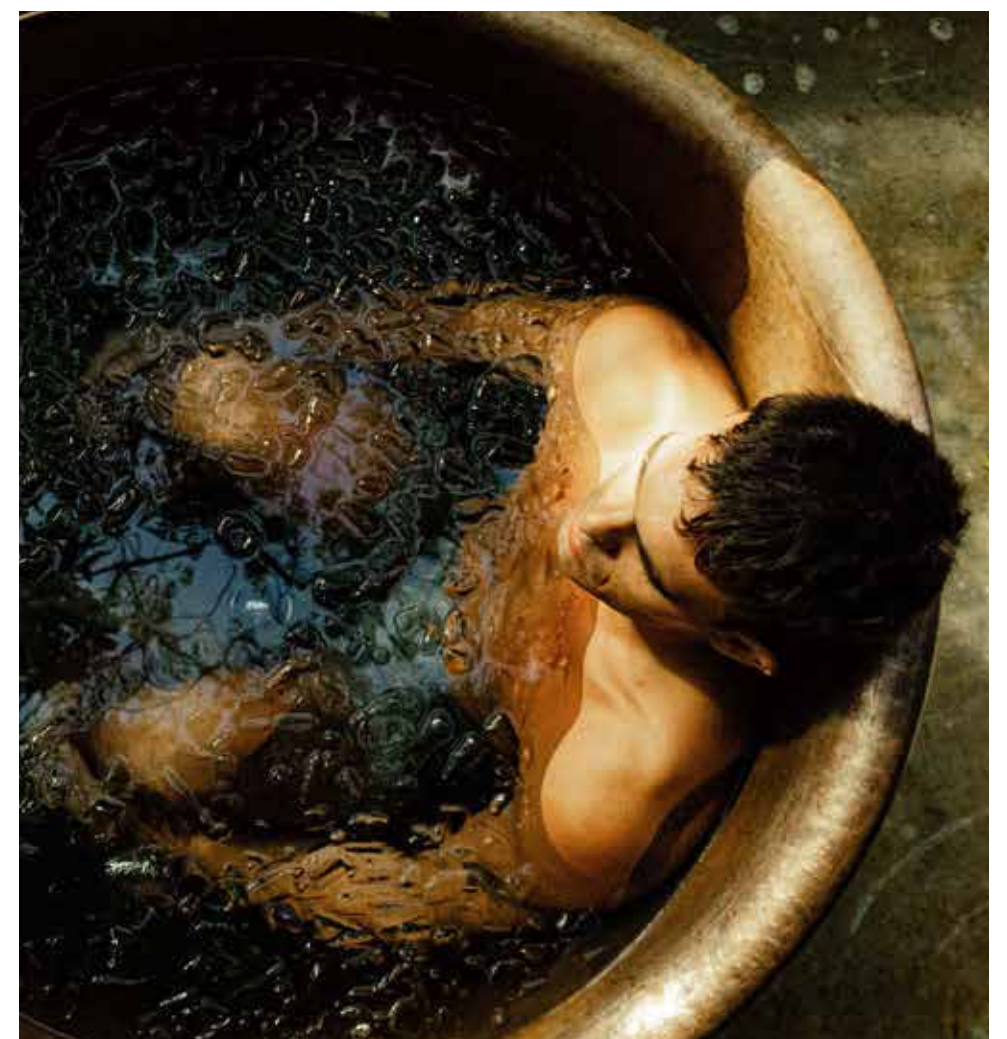
Come celebrate Kids' Day at Nômade! Enjoy local community vibes, beach games, live music, samba de coco, and exciting surprises. A perfect day of fun for the whole family!

APR 27TH
13:00-20:00HRS @LA POPULAR

ICE BATH

Cold therapy with our copper ice bath promotes muscle recovery, improves circulation, and enhances mood. Led by experts, they focus on breath control and resilience, optimizing recovery and performance for athletes and wellness enthusiasts.

EVERY SATURDAY
13:30HRS @SHALA
WEEKLY CLASS*



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STUDIO SOUND with Carn Crua & Flamencos

APR 4TH
20:00HRS @MACONDO

EMOTIONAL HEALTH DAY: TAOIST LORE TO TRANSFORM EMOTIONS with Beatriz Pinet

The 5 Healing Sounds of Tao are a practice rooted in Chinese wisdom, designed to release stored emotional tension in the organs through specific sound exercises.

APR 7TH
18:00HRS @GRATITUDE TENT



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HAPPY TOGETHER ——— HIGHLIGHTED ACTIVITIES



GRATITUDE TENT TAKEOVER: HUMAN DESIGN WORKSHOP with Jennifer Sodhi

Human Design combines Kabbalah, I Ching, astrology, chakras, and quantum physics to reveal your energetic blueprint, guiding you to live authentically and with integrity, showing your best path in life.

APR 10TH
18:00HRS @GRATITUDE TENT

STARGAZING

Astronomy explores space through planets, stars, and constellations. Miroslava leads guided telescope sessions on the beach at night, free from light pollution, offering a clear view of what lies beyond Earth.

APR 10TH
19:00HRS @FIREPIT



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HAPPY TOGETHER — HIGHLIGHTED ACTIVITIES



NÔMADE PRESENTS: CANDLE-LIT CONCERT SERIES with Andrei Matorin

Join Nômade's Candlelit Concert Series for a night to remember. Enjoy music, food, and the atmosphere creating a harmonious experience. Violinist Andrei Matorin from Rio performs a blend of classical, jazz, and electronic music. Complete your night with our specially prepared Mediterranean-inspired Macondo menu.

APR 11TH
20:00HRS @MACONDO

FAMILY SUNDAY'S: POP UP MARKET

Nômade Pop-Up Market is the perfect time to decompress and enjoy the local life of Tulum, great music, the most creative local brands, and a space for everyone to enjoy the beach with our friends, family, and kids. Sunset included!

APR 13TH & 20TH
13:00-20:00HRS @LA POPULAR



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FULL MOON RITUAL with Don Chui

The full moon is a great time to clear out what's holding you back and boost your creativity. Under the luminous full moon, connect with nature, set intentions, and embrace the energy of renewal.

APR 13TH
18:00HRS @FIREPIT
FREE FOR ALL*

GRATITUDE TENT TAKEOVER: WHITE RAVEN METHOD with Chealsea Dean

Break free of the conditioned mind. Learn to manage your reactions to your emotions. Reignite with your truth and authenticity.

APR 17TH
18:00HRS @GRATITUDE TENT



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HAPPY TOGETHER ——— HIGHLIGHTED ACTIVITIES



ICE BATH

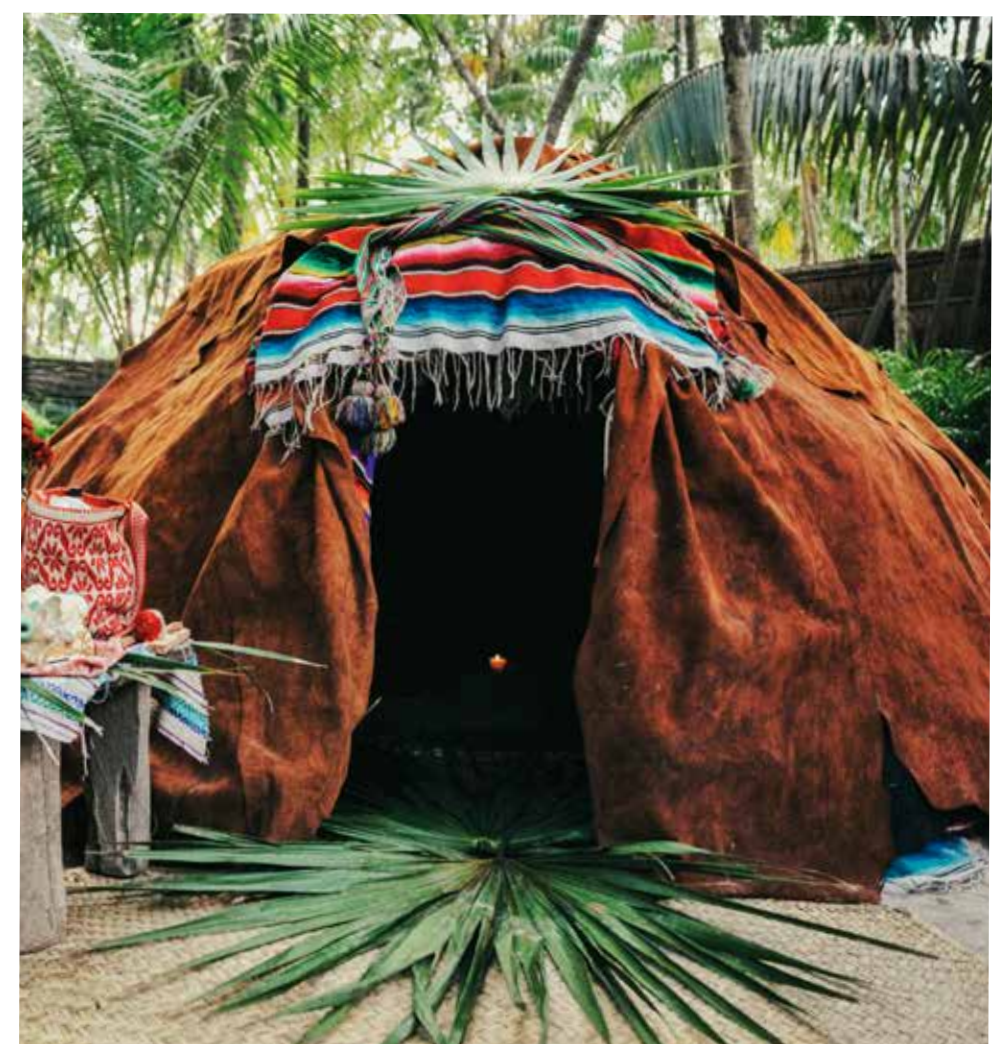
Cold therapy with our copper ice bath promotes muscle recovery, improves circulation, and enhances mood. Led by experts, it focuses on breath control and resilience, optimizing recovery and performance for athletes and wellness enthusiasts.

EVERY SATURDAY
13:30HRS @SHALA

TEMAZCAL CEREMONY

The Temazcal is an ancient steam ceremony from Mexican and Mayan cultures, practiced for centuries as a space for healing, detoxification, and reflection. Using fire, volcanic stones, and water, participants pass through four stages representing the elements, guided by songs, prayers, and offerings. This tradition supports physical and mental renewal through heat and introspection.

EVERY MONDAY
17:00HRS @TEMAZCAL



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FULL PROGRAM

HAPPY TOGETHER — WEEKLY CLASSES



STARGAZING

Astronomy explores space through planets, stars, and constellations. Miroslava leads guided telescope sessions on the beach at night, free from light pollution, offering a clear view of what lies beyond Earth.

APR 3,5,10,12,17,19, 24 & 26TH
19:00HRS @FIREPIT

INTERNATIONAL EARTH DAY: SILENCE WALK AT SIAN KAAN with Danny Ciccolini

The power to hike with a big group in silence lies in its ability to foster deep connection—with nature, yourself, and others. Without words, presence expands, creating unity, clarity, and inner stillness.

APR 22ND
8:00HRS @LA POPULAR



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A man and two women are walking through a dense tropical jungle. The man on the left is wearing a light-colored t-shirt and dark shorts, reaching up towards a tree branch. The woman in the middle is wearing a dark tank top and leggings, walking barefoot. The woman on the right is wearing a dark sports bra and leggings, also walking barefoot. The background is filled with large, vibrant green palm fronds and other tropical foliage, with sunlight filtering through the canopy.

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Designers for details and pricing:

journeydesign@nomadetulum.com

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