

DAY OUT OF TIME WEEKEND

JULY 23RD TO 26TH

Every year, the Maya calendar leaves one day uncounted, July 25th. A day that belongs to no month, no cycle, no clock. A pause between what was and what's coming. We're gathering for a full weekend around this threshold: three days to slow down, purify, and celebrate. From the 108 Suns of Friday morning to the New Cycle Gong Bath at Sunday sunset, each moment is designed to help you release the cycle that's ending and plant the seeds of the one beginning. Come for a day, come for the ritual, or stay for all three. The ocean is here. The stars are aligned. And for one weekend, time stands still.

PROGRAM

WEEKEND

THURSDAY 23 JULY

8:00 AM	PRANIC MEDITATION @ YÄAN SPA
9:30 AM	YOGASANAS @ WELLNESS ROOM
5:00 PM	THE TONALPOHUALLI: CODES OF THE MAYAN TIME @ WELLNESS ROOM
7:30 PM	ORIGINS - RAMEFF

FRIDAY 24 JULY

8:00 AM	REGULATION FLOW @ YÄAN SPA
9:30 AM	VINYASA YOGA @ WELLNESS ROOM
11:30 AM	CLARITY BREATHWORK @ WELLNESS ROOM
1:30 PM	JOURNEY DESIGN PORTAL @ OCUMARE
7:00 PM	LIVE MUSIC - TUMBAOZZ @MARE'ZIA

SATURDAY 25 JULY

8:00 AM	RESTORATIVE YOGA @ YÄAN SPA
9:30 AM	HATHA YOGA @ WELLNESS ROOM
1:30 PM	RECOVERY ICE BATH @ WELLNESS ROOM

SUNDAY 26 JULY

8:00 AM	BREATH & MELT YOGA @ YÄAN SPA
9:30 AM	DYNAMIC & FLOW YOGA @ WELLNESS ROOM
4:00 PM	SOUNDHEALING @ WELLNESS ROOM

A group of people are practicing yoga in a rustic studio. They are in a lunge position with their hands raised above their heads. The studio has a thatched roof and wooden floors. There are wicker baskets and wooden blocks in the background.

NOMADE

TEMPLE