

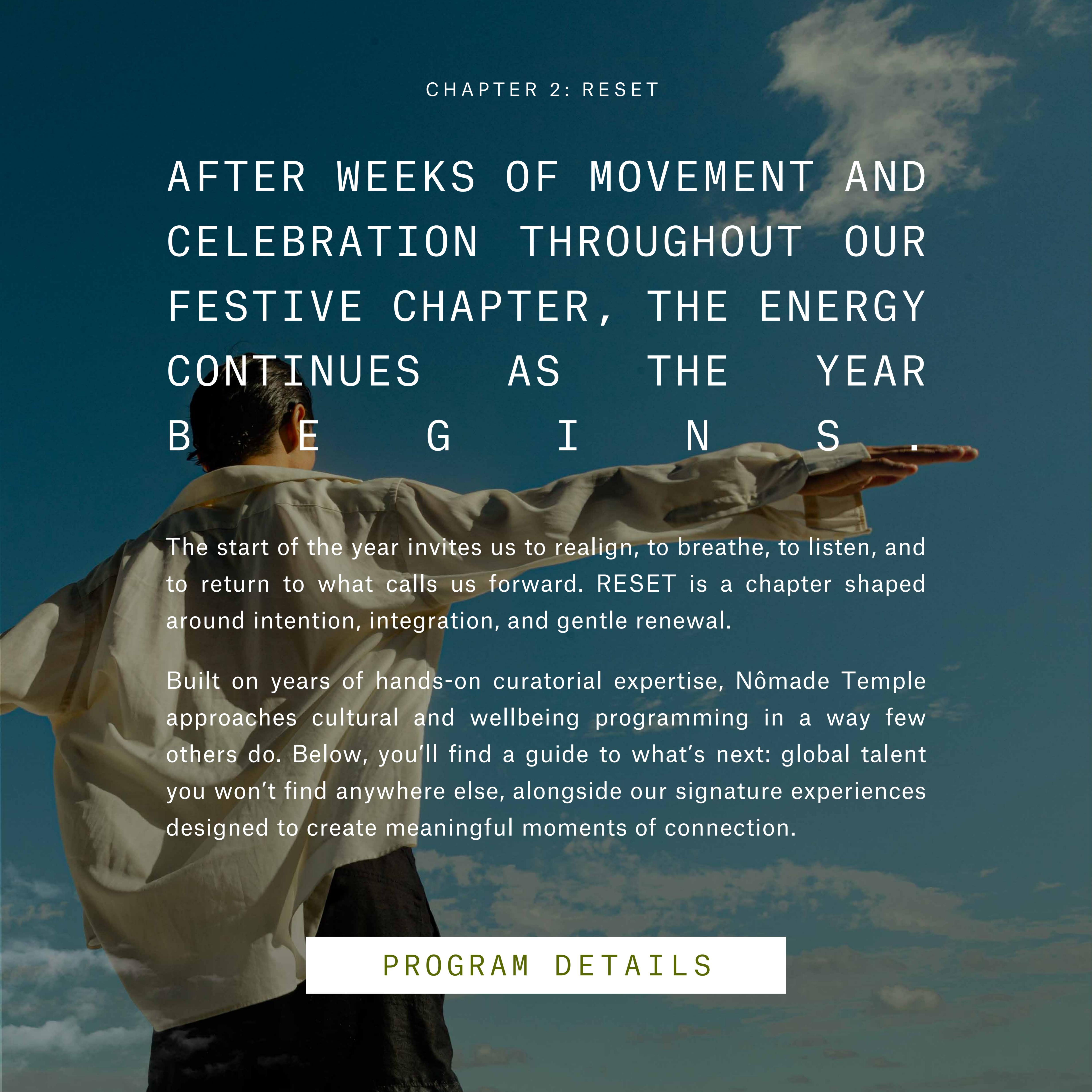


BONDING SEASON  
2 0 2 6

CHAPTER 2:  
RESET

JANUARY 20TH  
TO MARCH 31ST

hÓMADÉ  
TEMPLE

A photograph of a person from the back, wearing a light-colored button-down shirt and dark trousers. They are standing with their arms outstretched wide, palms facing forward. The background is a dramatic, cloudy sky.

## CHAPTER 2: RESET

AFTER WEEKS OF MOVEMENT AND CELEBRATION THROUGHOUT OUR FESTIVE CHAPTER, THE ENERGY CONTINUES AS THE YEAR BEGINS.

The start of the year invites us to realign, to breathe, to listen, and to return to what calls us forward. RESET is a chapter shaped around intention, integration, and gentle renewal.

Built on years of hands-on curatorial expertise, Nômade Temple approaches cultural and wellbeing programming in a way few others do. Below, you'll find a guide to what's next: global talent you won't find anywhere else, alongside our signature experiences designed to create meaningful moments of connection.

[PROGRAM DETAILS](#)

A photograph of a man and a woman sitting on a wooden deck in a dense jungle. They are both smiling and looking upwards and to the right. The man is on the left, wearing a dark green t-shirt and dark pants. The woman is on the right, wearing a dark green tank top and light-colored pants. The background is filled with various tropical plants and trees.

CHAPTER 2: RESET

# JOURNEY DESIGNERS

BEGIN WITH A COMPLIMENTARY CONSULTATION TO RECEIVE A TAILORED PATH, MATCHING THE RIGHT SESSIONS, FACILITATORS, AND PACING TO YOUR GOALS DURING YOUR STAY.

# JOURNEY DESIGNERS

## HOW IT WORKS:

1.

COMPLIMENTARY  
CONSULTATION  
WITH YOUR  
DEDICATED  
JOURNEY  
DESIGNER.

2.

A PERSONALIZED  
PROGRAM OF  
CEREMONIES,  
WORKSHOPS,  
AND 1:1  
SESSIONS.

3.

LIGHT DAILY  
GUIDANCE  
AND  
THOUGHTFUL  
FOLLOW-UPS.

4.

TAKE-HOME  
PRACTICES  
TO CONTINUE  
AFTER YOU  
RETURN HOME.



TALK TO A JOURNEY DESIGNER

CHAPTER 2: RESET

# HIGHLIGHTED ACTIVITIES

Curated with intention and shaped by our curatorial expertise, these highlights bring together exceptional global and local talent to make Chapter 2 unmistakably unique, offering one-of-a-kind experiences.

HIGHLIGHTED ACTIVITIES

# VALENTINE'S WEEKEND

FEB 12TH - 15TH

Valentine's Weekend, the RESET way: we slow the pace and deepen the bond through curated experiences that feel intimate, effortless, and real. A space for couples to pause together, reflect on where you've been, and realign with what you're building next.

SPECIAL PROGRAM

HIGHLIGHTED ACTIVITIES

# IMMERSIVE JOURNEYS

(4 DAYS RETREAT FORMAT)

The Immersive Journeys offer a flexible retreat format: a 4-day program designed for those seeking depth.

Each journey is guided by a resident practitioner, creating continuity throughout the experience. This allows for meaningful progress, deeper integration, and personal shifts—without the rigidity of a traditional retreat.

[LEARN MORE](#)

HIGHLIGHTED ACTIVITIES

# IMMERSIVE JOURNEYS

## SUBCONSCIOUS INTEGRATION

with Alecto Moure

22ND to 25TH JANUARY



## HARMONIA TOU KOSMOU

with Ram & Ira

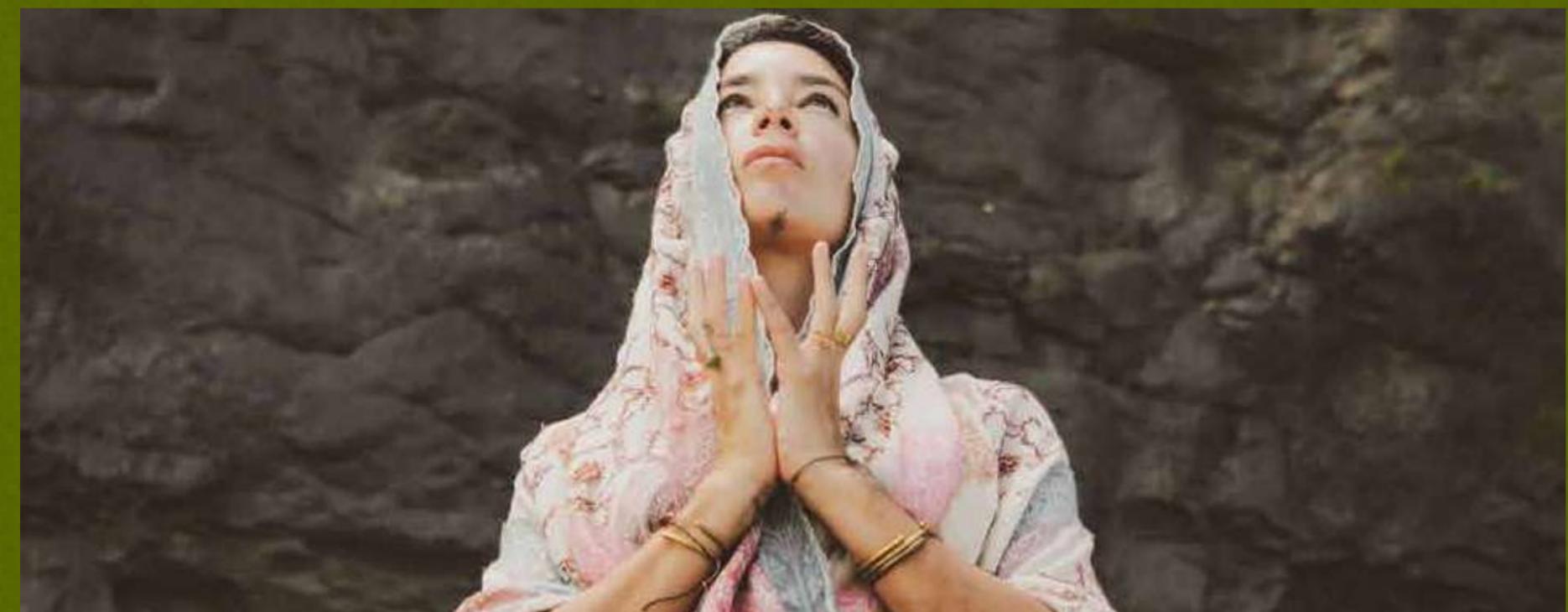
19TH to 22ND FEBRUARY



## WOMB WISDOM

with Natalia Chaparro

5TH to 9TH MARCH



## RENEW & ALIGN

with Julia Monosova

19TH to 22ND MARCH



[PROGRAM DETAILS](#)

## HIGHLIGHTED ACTIVITIES

# SPECIAL CLASSES

---

HERBAL BATH  
with Monica  
20TH JAN 11:30 HRS

---

4 ELEMENTS  
CLEANSING  
with Arlette & Chris  
27TH JAN 11:30 HRS

---

POETRY WORKSHOP  
with Getse  
25TH FEB 17:00 HRS

---

CLAY & PLAY with  
Lula & Maria Agustina  
20TH JAN 17:00 HRS

---

COSMIC DROP  
PAINTING  
WORKSHOP  
with Kristina  
27TH JAN 17:00 HRS

---

EMBODY YOUR  
AUTHENTICITY  
with Pablo  
26TH FEB 18:00 HRS

---

QUANTUM  
MEDITATION  
& LIVE MUSIC  
with Daniela  
& Laura  
21ST JAN 17:00 HRS

---

MAYAN WAX  
CANDLE WORKSHOP  
with Isela Dzul  
29TH JAN 17:00 HRS

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MOVIE NIGHT  
10TH MAR 18:00 HRS

PROGRAM DETAILS

SPECIAL CLASSES

# HIGHLIGHTED FACILITATORS



MÓNICA  
ESTRADA



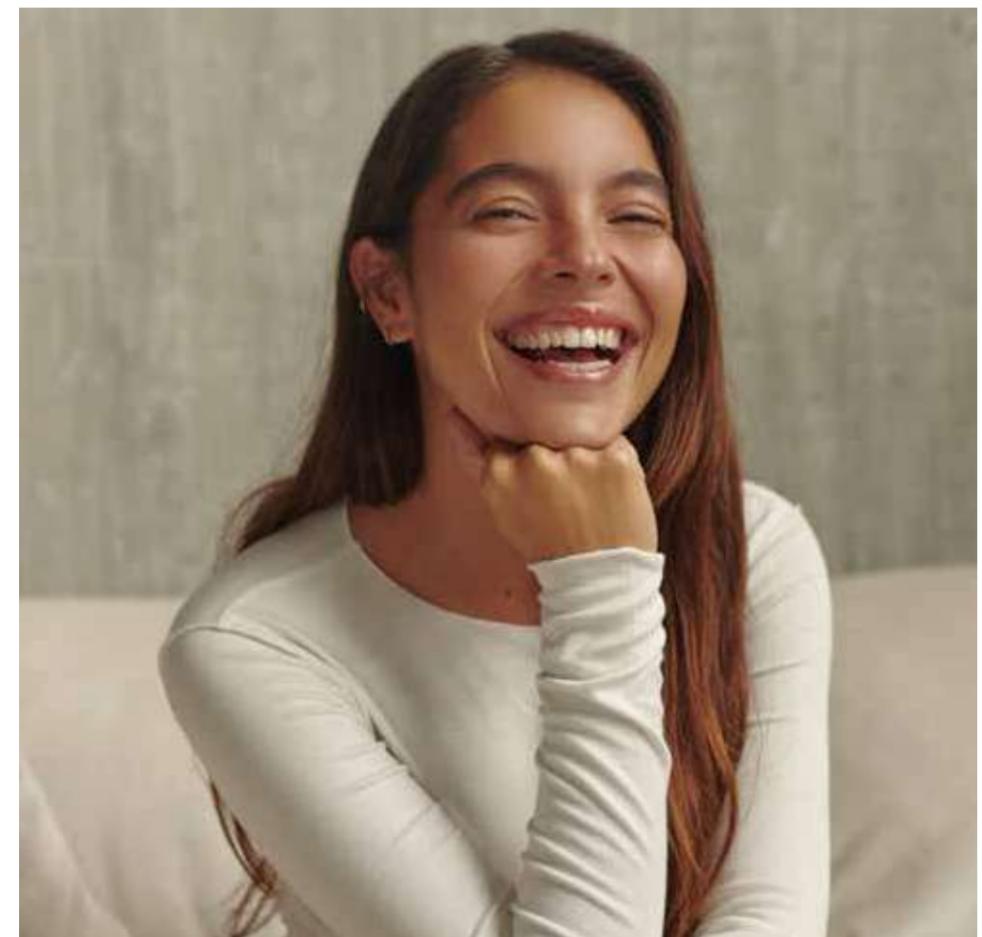
LULA & MARIA  
AGUSTINA



DANIELA &  
LAURA



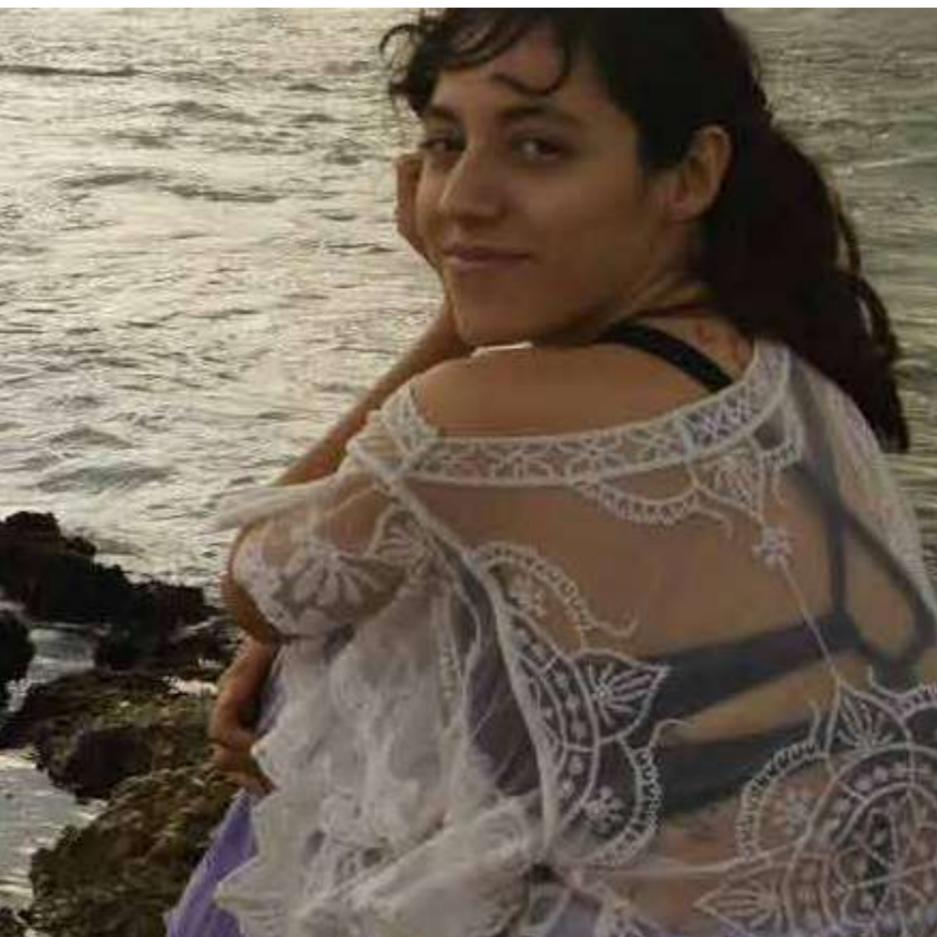
KRISTINA  
STANKOVICH



DANIELA  
LIEVANO



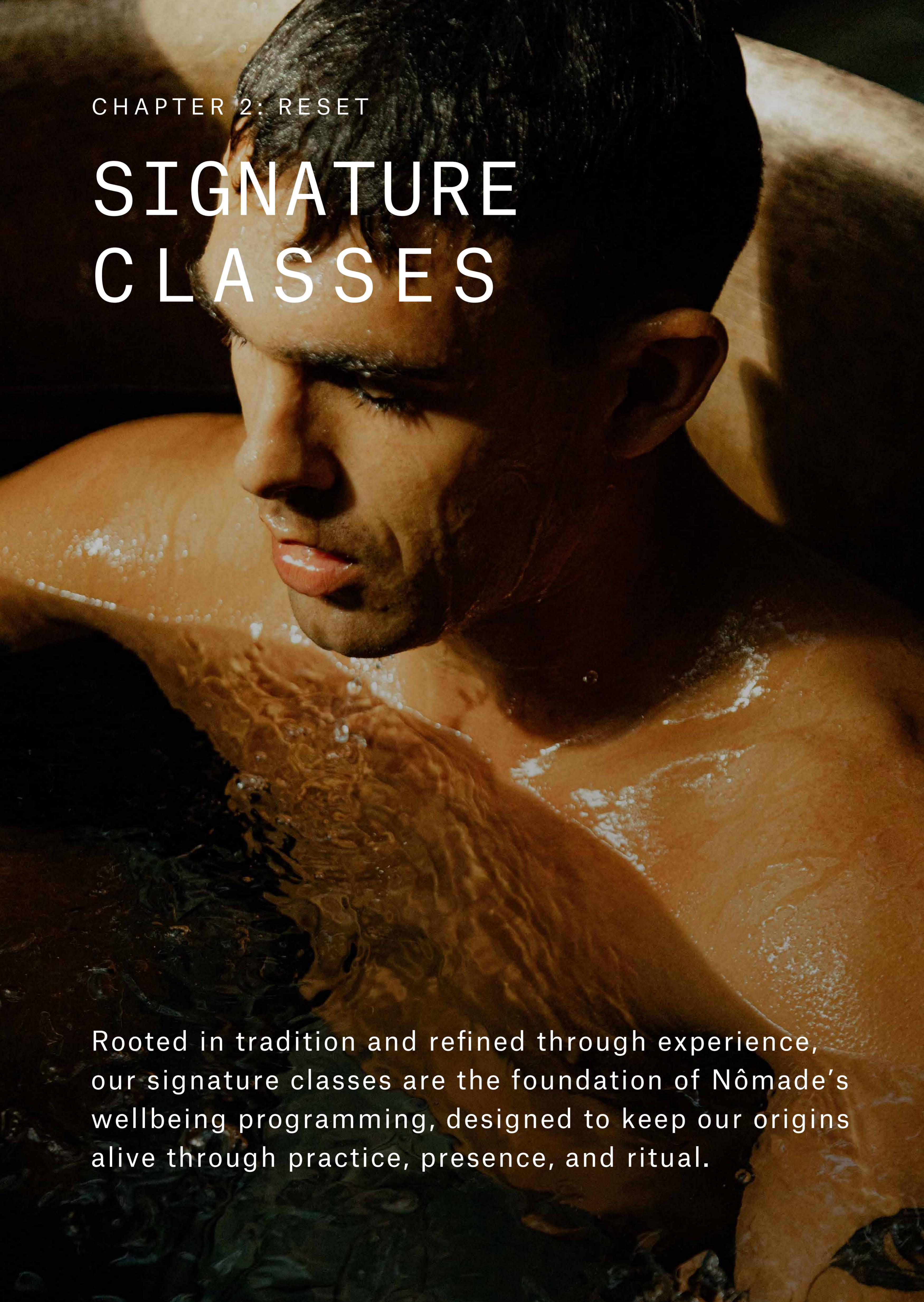
ARLETTE &  
CHRIS



GETSEMANI



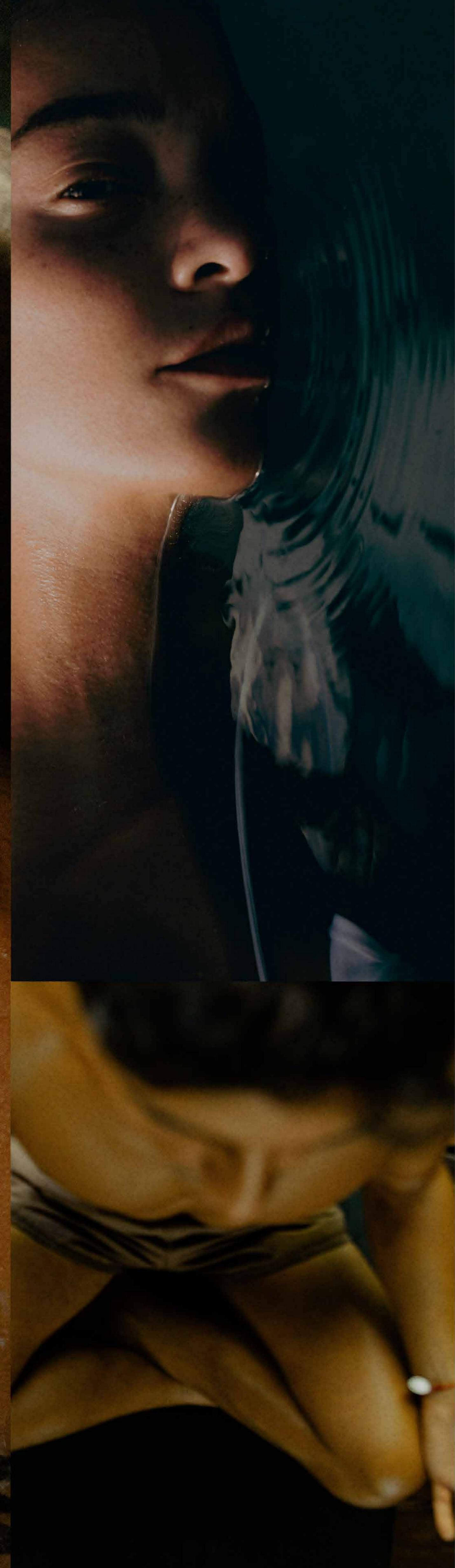
PABLO PORTA



CHAPTER 2: RESET

# SIGNATURE CLASSES

Rooted in tradition and refined through experience, our signature classes are the foundation of Nômade's wellbeing programming, designed to keep our origins alive through practice, presence, and ritual.



## SIGNATURE CLASSES

---

### TEMAZCAL

An ancient steam ceremony used for centuries as a place for community to come together to heal, detox, and pray for the Earth and their ancestors.

---

### CACAO CEREMONY

Cacao invites you to connect with your heart, mind, and surroundings. Guided by personal intention and fostering gratitude, it offers a grounding experience.

---

### ICE BATH

Detox, release inflammation, and improve circulation, giving the nervous and immune systems a welcome boost.

---

### SOUND HEALING

The unique tones and vibrations of each instrument create a connection, calming the mind and allowing emotions to surface, leading to a state of relaxation and reflection.

### BIODYNAMIC BREATHWORK

By opening the spine and clearing primal conditioning, it transforms you into a more conscious, joyful, and present individual. This practice fosters self-acceptance and daily efficiency.

---

### AGUA MAGICA

Foster deep intimacy and a restorative feeling of "returning home." Experience a profound state of relaxation and presence that restores inner balance and strengthens your connection to yourself and others.

---

### PRANIC MEDITATION

Uses visualization to activate the pineal gland through a powerful "shower of golden light." It cleanses negative energy and thoughts, fostering a deep sense of inner tranquility.

### FASCIA MANEUVERS

This class helps realign your body, release stored tension, and restore energetic flow. Feel lighter, more balanced, and deeply connected to your body.

---

### ASHTANGA YOGA

A mellow introduction to the Ashtanga system. Work on the first series and its variations, preparing different asanas.

---

### STARGAZING

Observe the night sky through a telescope. Discover the beauty of the universe.

---

### FULL MOON CEREMONY

Let's gather for our monthly celebration around the fire.

## WEEKLY CALENDAR

SIGNATURE CLASSES

# SIGNATURE FACILITATORS



NATALIA  
CAREAGA ZARATE



JIMENA  
LÓPEZ



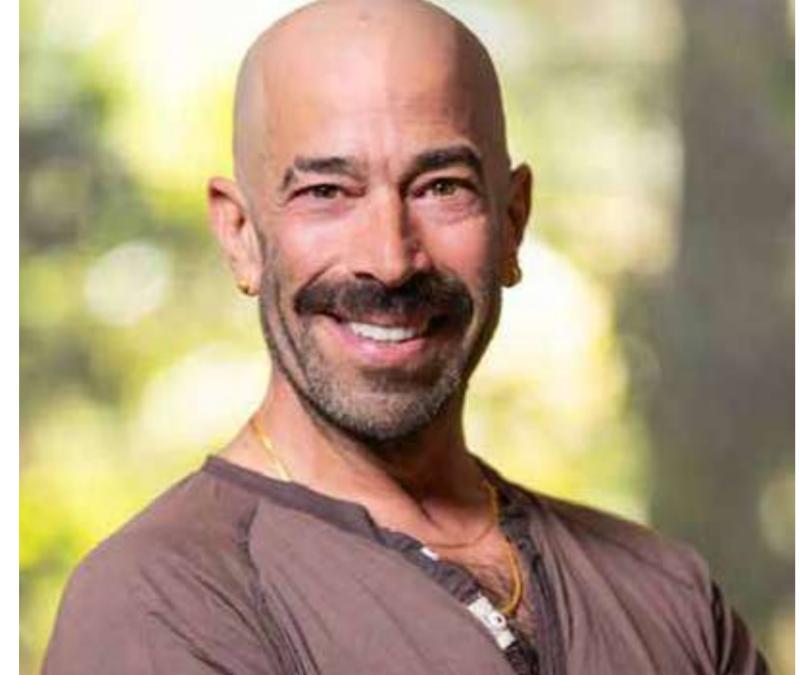
DANIEL  
CICCOLLINI



RODERIC



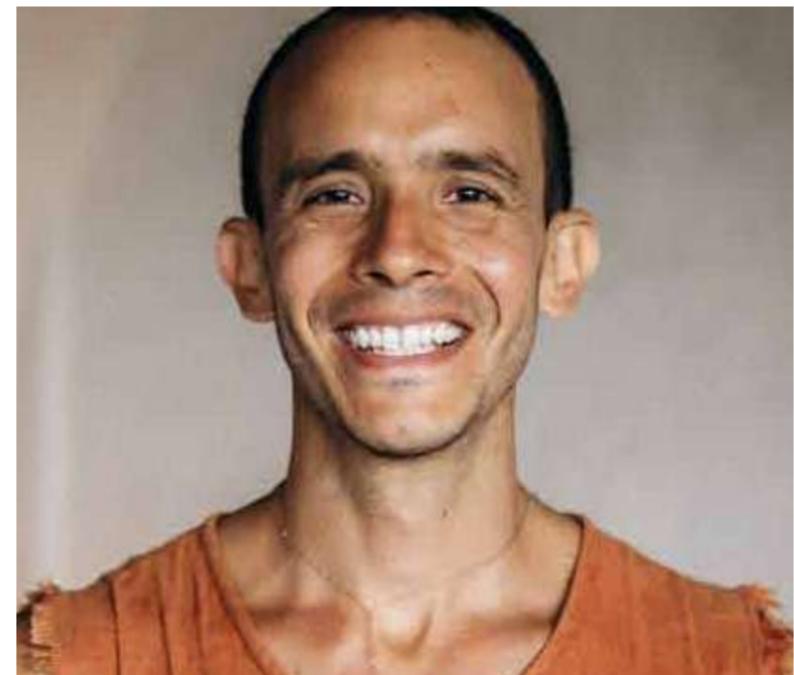
ELINA  
O'VINCENT



YOSSEF  
ZUR



ARUN  
KOLAGADA



ANDRÉS  
JOYCE



MARTA  
ALDANA



KATE  
GONZÁLEZ



MIROSLAVA



ARIEL  
NICARAGUA



DON CHUI

CHAPTER 2: RESET

# MUSIC & EVENTS

RESET is grounded in wellbeing, but it is also enriched by music and events. Alongside the practices that support realignment, we host a curated selection of cultural gatherings that invite connection, rest, and celebration, creating moments of togetherness throughout the chapter.

## MUSIC & EVENTS

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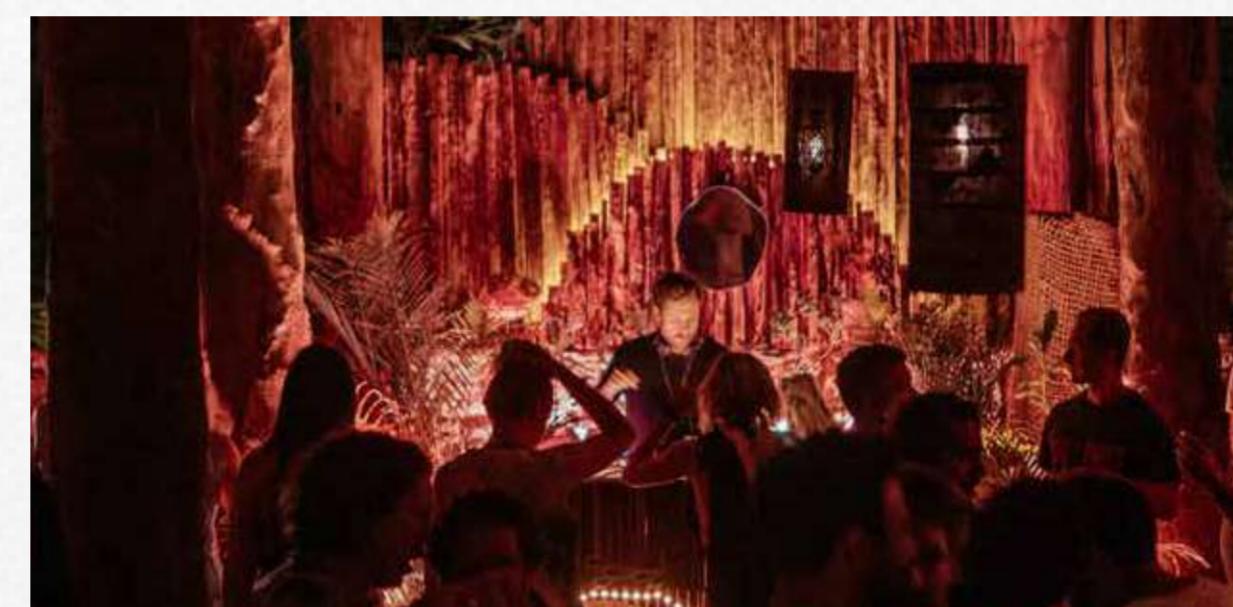
### NÔMADE POP UP MARKET

A Sunday market by the beach featuring local artisans, fashion, and live music. Join the community to discover art, culture, and unique creations in a family-friendly setting.



### ORIGINS

A celebration of Tulum's spirit through music, sensuality, and community. Immerse yourself in an experience that connects the senses and honors Tulum's cultural roots.



### LA PLAYA

Where music, flavor, and community unite by the sea. Join us for a day of curated sounds, exceptional food, and signature drinks, surrounded by the best energy in Tulum. A celebration of the beach lifestyle.



### FLAMENCOS

A journey through the rhythms of flamenco, intertwined with contemporary sounds, dances, and musical interpretation. A must-see!

### CANDLE LIT CONCERTS

Contemplate and appreciate subtle melodies performed by skilled musicians.

### SONGS TO THE STARS

Gather around the fire and receive the traditional sounds and songs of native cultures around the world.

CHAPTER 2: RESET

# LITTLE EXPLORERS CLUB

A space for little ones to discover, create,  
and connect through guided activities.  
Nômade Temple is a kid-friendly hotel.  
Ask about our special programs for families.

CHAPTER 2: RESET

# ROOMS & WELLBEING SPACES

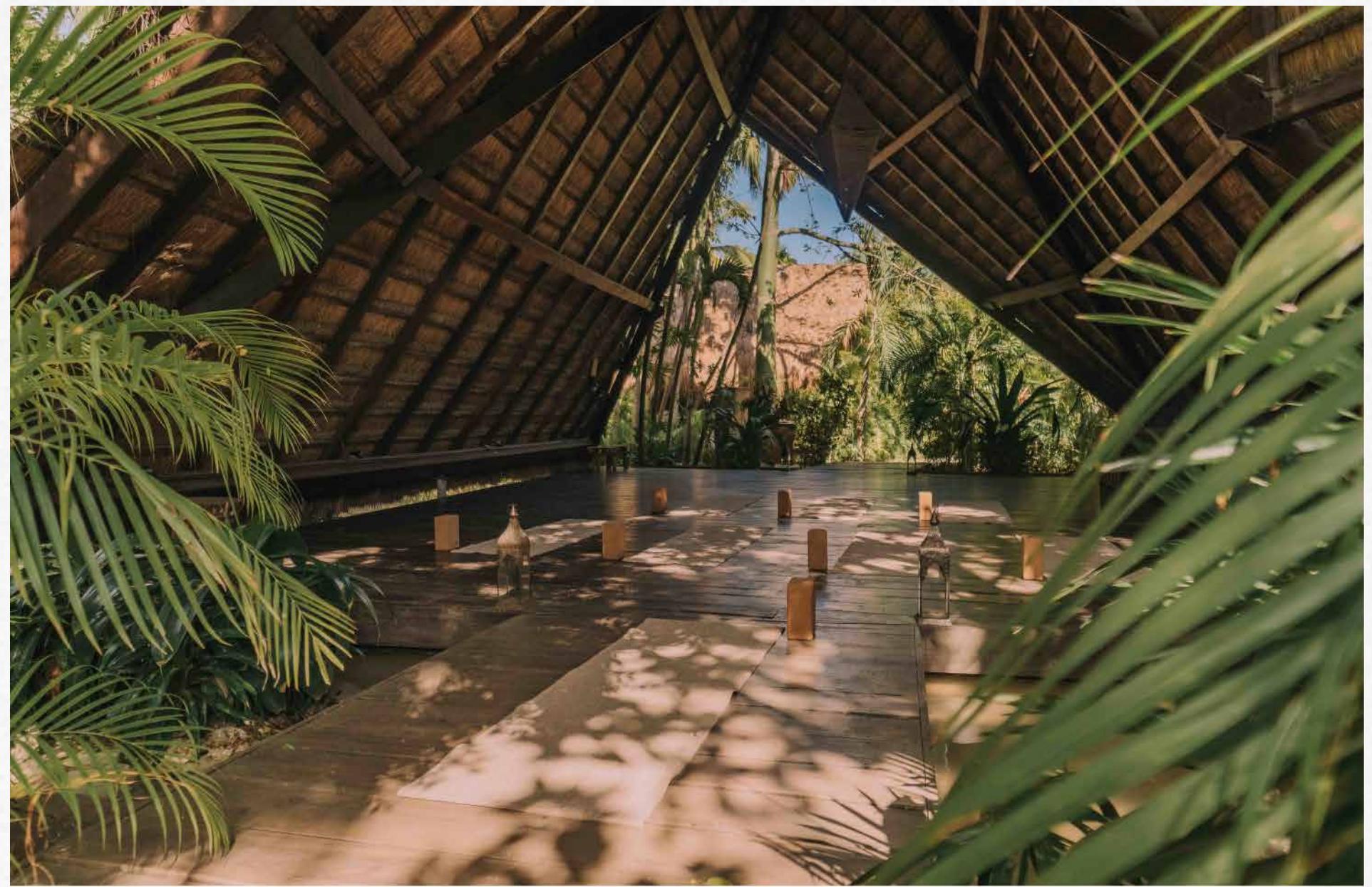


Nômade makes Chapter 2 programming easy to land, with premium accommodation and dedicated spaces that support everything from breathwork and meditation to intimate workshops and rituals.

Set on one of Mexico's most stunning stretches of Caribbean coastline, minutes from cenotes and the jungle of the Sian Ka'an reserve, it's a setting that naturally slows you down and clears space to realign.

Between sessions, guests return to a range of room categories, from oceanfront suites to tents and treehouses, so rest and integration feel as intentional and unique as the experiences themselves.

## GET TO KNOW THE SPACES



### SHALA

The yoga shala is a spacious, light-filled area that comfortably accommodates 20–25 people for yoga, breathwork, sound sessions, or gatherings such as cacao or candle-lit ceremonies.

### GRATITUDE TENT

Our Moroccan-inspired enclosed tent is ideal for evening sessions, breathwork, meditations, intimate workshops, or early morning use when the shala is in use.



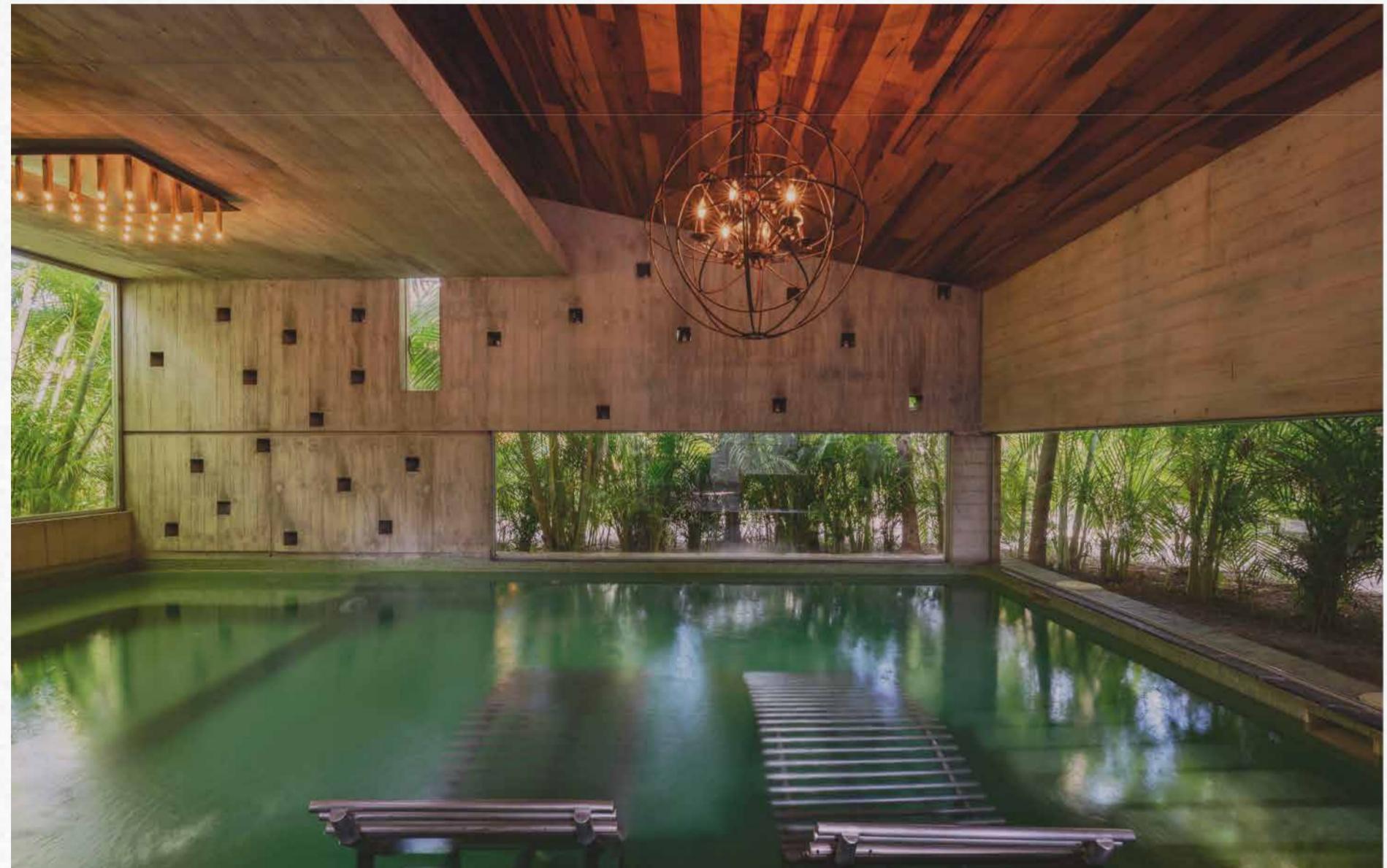
### NEST

A secluded circular space surrounded by vegetation, perfect for tea ceremonies, sharing circles, or small group dialogue.

## GET TO KNOW THE SPACES

### TEMAZCAL

Experience our traditional Mexican sweat lodge in a private setting. Private fire ceremonies are also available.

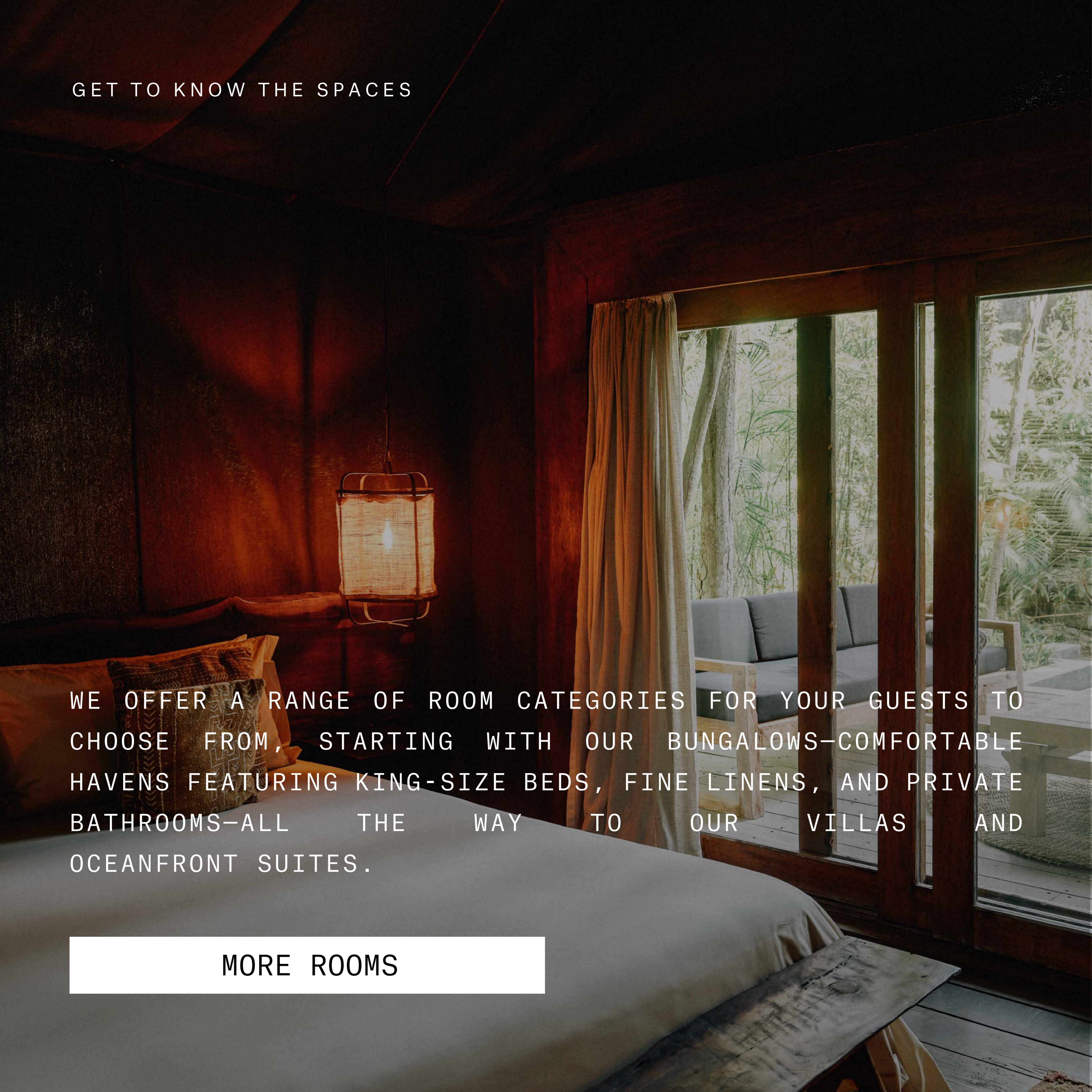


### BEACH

The beach is one of the quiet treasures of Nômade Temple, with turquoise waters for swimming, rituals, and water-based practices. A walk to the right leads to the untouched sands of Sian Ka'an National Park, a secluded natural area.



GET TO KNOW THE SPACES

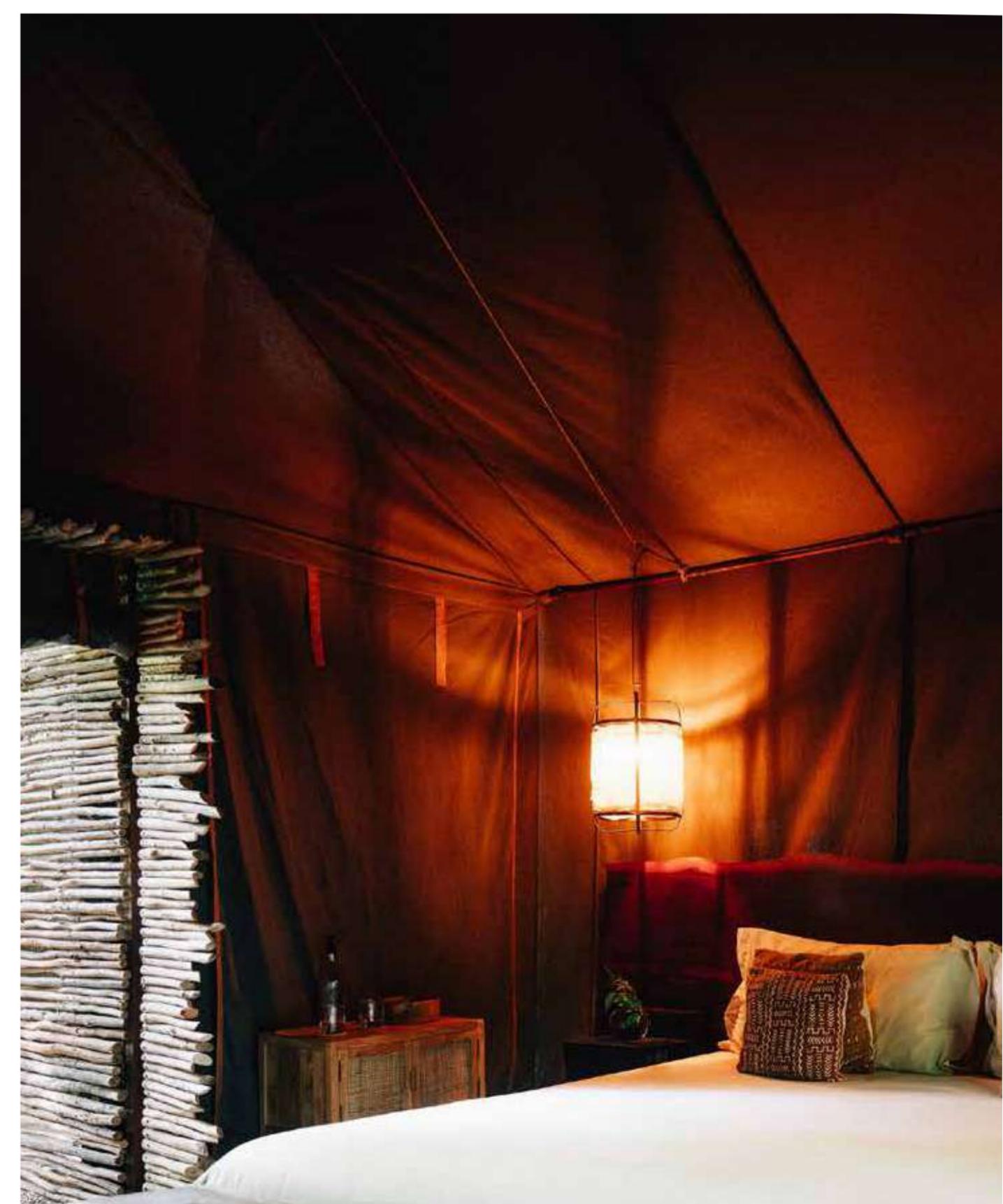
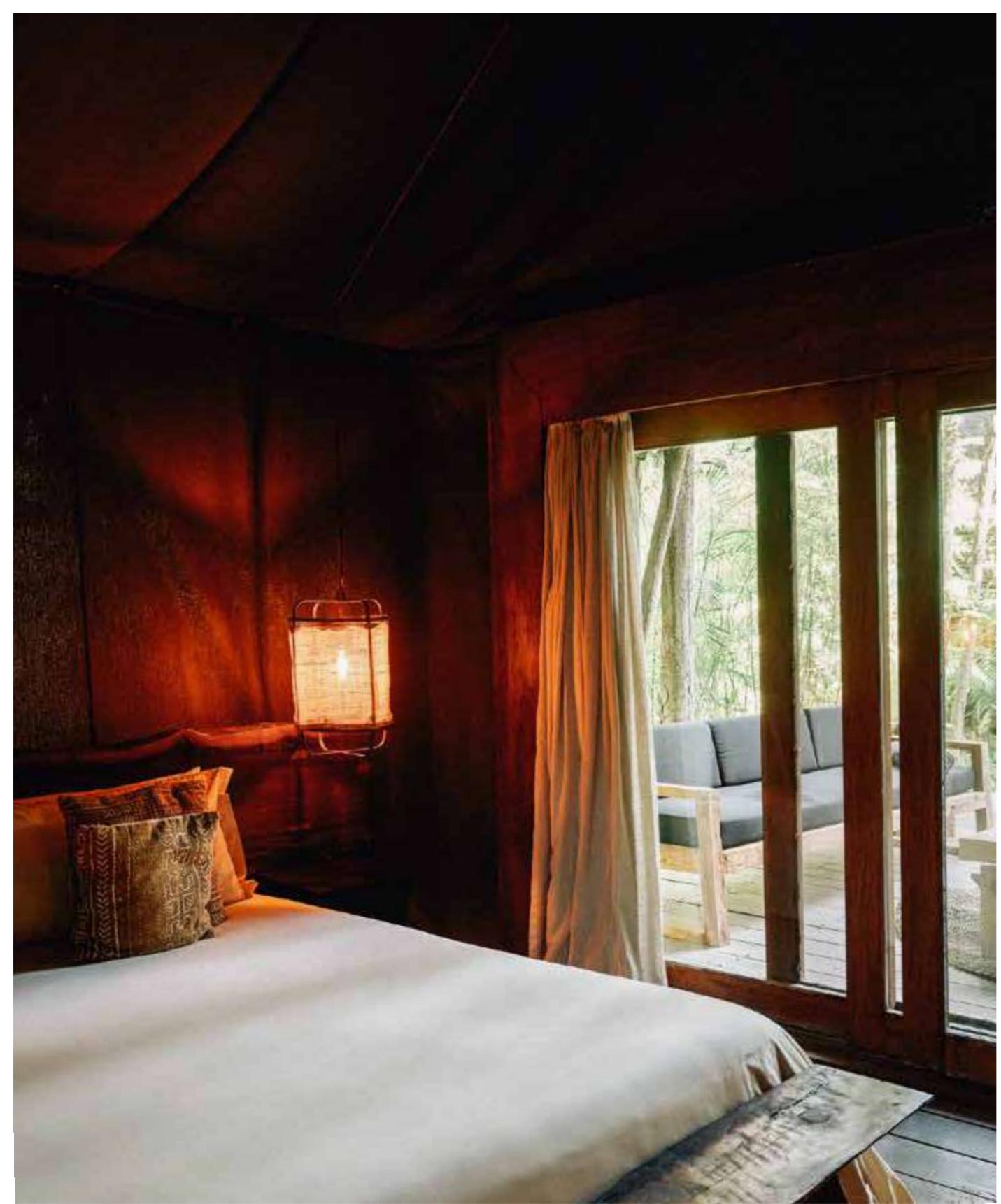
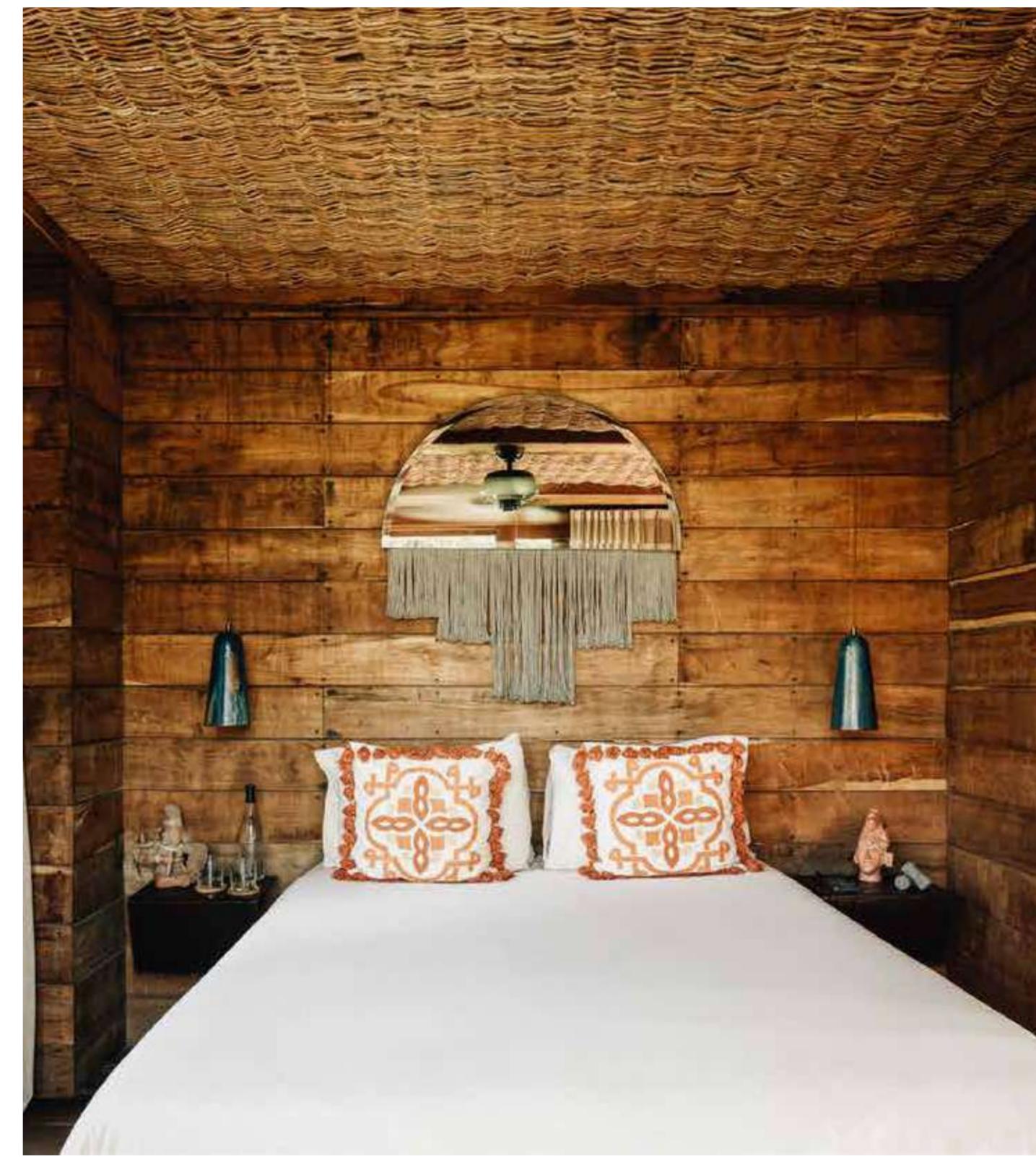


WE OFFER A RANGE OF ROOM CATEGORIES FOR YOUR GUESTS TO CHOOSE FROM, STARTING WITH OUR BUNGALOWS—COMFORTABLE HAVENS FEATURING KING-SIZE BEDS, FINE LINENS, AND PRIVATE BATHROOMS—ALL THE WAY TO OUR VILLAS AND OCEANFRONT SUITES.

[MORE ROOMS](#)

CHAPTER 2: RESET

# ROOMS



GET TO KNOW THE SPACES



AT NÔMADE TEMPLE, WE HONOR  
THE CHANGE AND COMPLEXITY OF  
EACH STAGE OF YOUR INNER AND  
TRANSFORMATIVE JOURNEY.  
WHEREVER YOU ARE, IT IS THE  
RIGHT PLACE TO BE. OUR TEAM  
IS HERE TO HELP YOU  
INTEGRATE, GUIDE, AND SUPPORT  
WHO YOU ARE AND WHERE YOU ARE  
GOING.

CONTACT US

A photograph of a man and a woman in a lush jungle setting. The man, with curly hair and a beard, stands in the background holding a long wooden staff with a bell at the end. The woman, with blonde hair, sits in the foreground, facing away from the camera. A large, textured drum is positioned between them. The scene is bathed in warm, golden light, suggesting sunset or sunrise.

# nôMADE

TEMPLE

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INTERNATIONAL: +52 (984) 980-0678

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