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TEMPLE

LONGEVITY & EPIGENETICS LAB:
UPCOMING RESIDENT

DANIELA
LIEVANO

NOV 6TH TO 9TH

Daniela is the founder of VeriWell, a boutique biohacking and epigenetics platform pioneering the future of personalized wellness. A former corporate lawyer now trained in Health Coaching, Functional Nutrition, and Epigenetics, she is passionate about prevention and human optimization. She guides individuals and organizations to embrace data-driven health strategies that enhance vitality, sharpen focus, extend longevity, and support overall well-being.

LONGEVITY & EPIGENETICS LAB:

FEATURED WORKSHOPS

DANIELA LIEVANO

1. DESIGNING YOUR LONGEVITY PROTOCOL

NOV 7TH / 11:30 HRS / AT GRATITUDE TENT

Your biology is unique; your longevity plan should be too. In this workshop, participants integrate science-based practices into a personalized “longevity protocol” they can begin experimenting with right away. Practical, informative, and personalized.

2. THE CELLULAR RESET: CLEARING MOLD, PARASITES & HEAVY METALS

NOV 8TH / 18:00 HRS / AT GRATITUDE TENT

Learn how mold, parasites, and heavy metals affect health and explore evidence-based protocols to support natural detox systems. A practical Q&A session offering tools to address underlying factors that influence aging and vitality.

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RESERVE