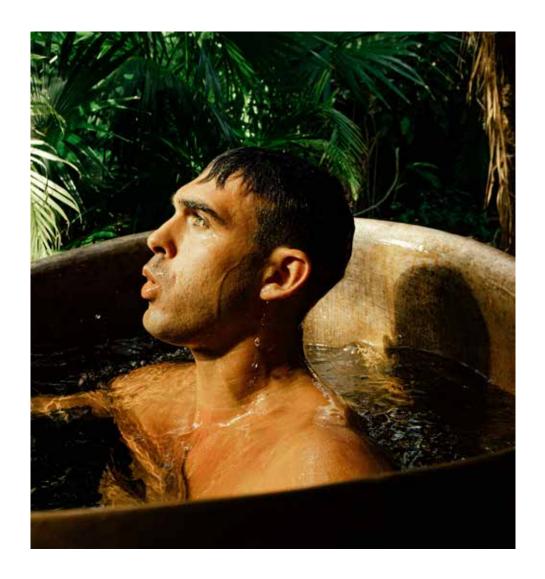


NURTURED — WEEKLY CLASSES



ICE BATH with Danny

Cold therapy with our copper ice bath promotes muscle recovery, improves circulation, and enhances mood. Led by experts, it focuses on breath control and resilience, optimizing recovery and performance for athletes and wellness enthusiasts.

EVERY SATURDAY 13:30HRS @SHALA

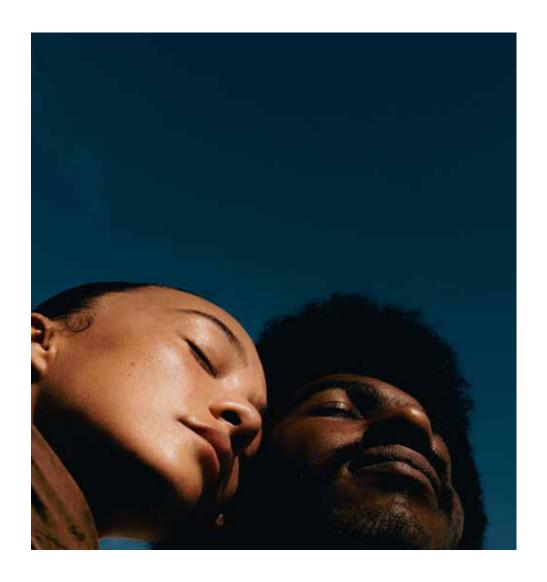
TEMAZCAL CEREMONY

The Temazcal is an ancient steam ceremony from Mexican and Mayan cultures, practiced for centuries as a space for healing, detoxification, and reflection. Using fire, volcanic stones, and water, participants pass through four stages representing the elements, guided by songs, prayers, and offerings. This tradition supports physical and mental renewal through heat and introspection.

EVERY MONDAY 17:00HRS @TEMAZCAL



NURTURED — HIGHLIGHTED ACTIVITIES



THE SCHOOL OF INTIMACY: NURTURING OUR RELATIONSHIPS with Mari Pili

Express your fondness with the other.

JUNE 5TH 18:00HRS @GRATITUDE TENT

ORIGINS

A celebration of Tulum's spirit through music, sensuality, and community. Immerse yourself in an experience that connects the senses and honors Tulum's cultural roots.

EVERY THURSDAY
19:30HRS @MACONDO



NURTURED — HIGHLIGHTED ACTIVITIES



LA PLAYA: OYSTERS & GIN

Good vibes, fresh oysters, and perfectly crafted gin tonics by the sea.

JUNE 8TH

18:00HRS @LA POPULAR

FULL MOON CEREMONY with Don Chui

Be part of our monthly ritual around the bonfire.

JUNE 11TH
19:00HRS @FIRE PIT / FREE FOR ALL**



STUDIO SOUND

by Flamencos

In this special performance, the artists take you on a journey through the rhythms of flamenco, tracing its roots and evolution through powerful musical interpretations and expressive dance.

JUNE 14TH

20:00HRS @MACONDO

NURTURED — HIGHLIGHTED ACTIVITIES



FAMILY SUNDAY'S: POP UP MARKET

Nomade Pop-Up Market is the perfect Father's Day plan — enjoy great music, explore the most creative local brands, and spend quality time at the beach with your kids, family, and friends. Sunset vibes included.

JUNE 15TH 13:00 - 19:00 HRS @LA POPULAR FREE FOR ALL**

VOICE ACTIVATION with Ingrid

Open up your voice and release blockages to come closer to your authentic expression.

JUNE 17TH 17:00HRS @GRATITUDE TENT





TENT TAKE-OVER: EMOTIONAL NURTURING with Emanuelle

The absence of what we yearned for can leave wounds as deep as any visible scar. Explore how unmet needs impact our ability to navigate emotions effectively.

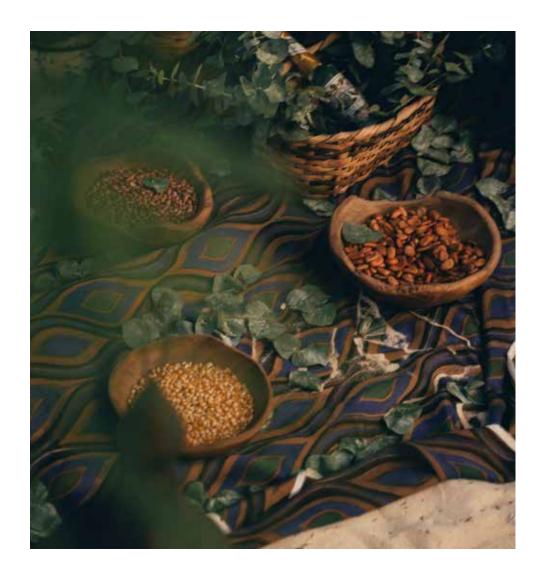
JUNE 19TH 18:00HRS @GRATITUDE TENT

SUMMER SOLSTICE

Special Weekend

What are the mysteries of the vast cosmos? By reflecting upon the messages of the stars through the intertwined sciences of astronomy and astrology, we will learn about the sun and the sky. This is a mesmerizing weekend of exploration around the relationship between the planets and the collective and individual experience of humans on Planet Earth.

NURTURED — HIGHLIGHTED ACTIVITIES



SOLSTICE OFFERING

with Martha

Align with the cosmos at noon. Only twice a year, the sun's rays fall directly vertical—a special moment when the sun casts no shadow. Create the altar and give the offering.

JUNE 21ST

11:30HRS @BEACH / FREE FOR ALL**

SUNGAZING with Miroslava

Absorb the first light of the Summer Solstice and learn a new practice.

JUNE 21ST

06:30HRS @BEACH / FREE FOR ALL**



SPECIAL WEEKEND —— SUMMER SOLSTICE



SOLSTICE CELEBRATION with Don Chui & Ariel

Longest day and shortest night! When night falls, we celebrate.

JUNE 21ST 19:00HRS @FIRE PIT / FREE FOR ALL**

KOSMIC MONKEY with Bastian

A multisensory experience that blends live music, visuals, and narrative to spark imagination, question assumptions, and reconnect with curiosity—inviting us to see meaning and perspective in new ways, as we once did as children.

JUNE 21ST 20:00HRS @MACONDO



SPECIAL WEEKEND —— SUMMER SOLSTICE



TENT TAKE-OVER: AYURVEDIC LORE with Kayla

Learn about Ayurvedic philosophy and its nutritional benefits.

JUNE 26TH
18:00HRS @GRATITUDE TENT / FREE FOR ALL**

