

NÔMADE  
TEMPLE

THE  
CREATIVE  
FAMILY

JULY PROGRAM

# THE CREATIVE FAMILY

July Program



The Creative Family offers a unique getaway for families to strengthen their bonds through art. In a serene setting, families participate in a variety of artistic activities, including painting, sculpture, and crafts, designed to be enjoyable for all ages. Guided by experienced artists and facilitators, participants explore their creativity collaboratively, fostering deeper connection and self-expression.

This July and August, children under 12 years old stay the night free.

# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## THE CREATIVE FAMILY: SPIRIT ANIMAL with Jose

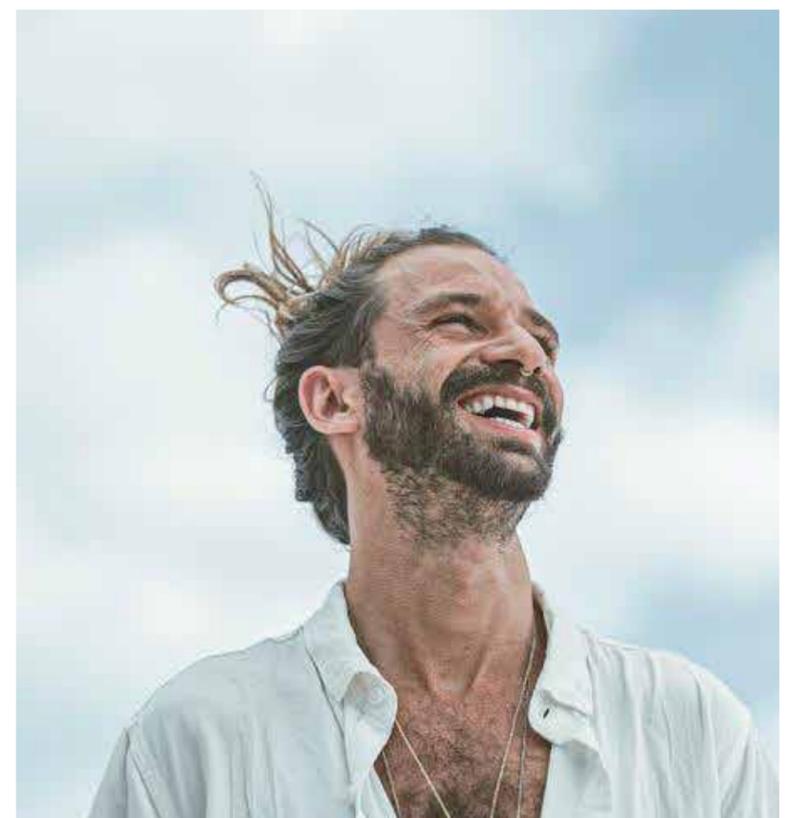
Discover your spirit animal for inner guidance, connecting with nature and ourselves.

JULY 1ST  
17:00HRS AT GRATITUDE TENT

## TENT TAKEOVER: LAUGH LAB with Alan Wein

Harness the transformative power of laughter - a tool inherently within us, ready to activate anytime, anywhere. Experience how it shifts your body chemistry and elevates your energetic vibration.

JULY 3RD  
18:00HRS AT GRATITUDE TENT  
FREE FOR ALL



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Please check with our Journey Designers  
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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## STARGAZING with Miroslava

Astronomy explores space through planets, stars, and constellations. Miroslava leads guided telescope sessions on the beach at night, free from light pollution, offering a clear view of what lies beyond Earth.

JULY 5TH, 10TH, 19TH & 26TH  
19:00HRS AT FIREPIT

## CACAO CEREMONY with Natalia

Share the medicine of Cacao, fostering gratitude and heart-opening moments within your family.

JULY 11TH, 18TH & 25TH  
18:00HRS @SHALA



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# WATER THE HIDDEN ELEMENT

Special Weekend  
July 3-7

A profound opportunity to explore the artistry, messages, and healing powers of water awaits you. This unique weekend invites you to immerse yourself in the elemental wisdom of water, from its calming whispers to its crucial role in hydration and cellular rejuvenation. Participate in a curated series of workshops and sessions designed to deepen your understanding of water's physical properties, its impact on our well-being, and the spiritual insights it can offer.

# FULL PROGRAM

SPECIAL WEEKEND — WATER THE HIDDEN ELEMENT



## UPCOMING RESIDENCY: MARIA CAMPLLONCH

María Campllonch is an Argentine photographer and artist based in Mexico since 2019. Her creative journey began with studies in Image and Sound Design at UBA, followed by dramatic arts at IUNA and analog photography at EAF.

JULY 3RD - 6TH  
AT LA POPULAR

## CYANOTYPE WORKSHOP: INK & WATER

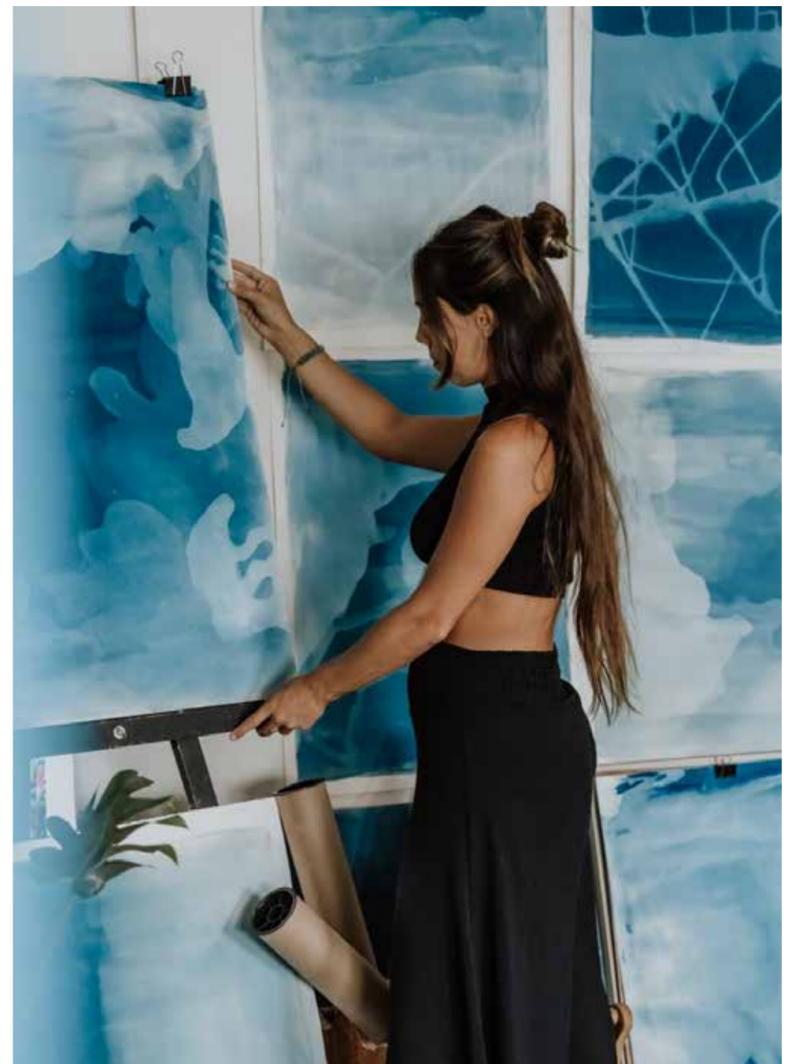
Invented in the 19th century, cyanotype uses a light-sensitive solution on paper, turning deep blue in sunlight. Objects block light, creating striking white silhouettes. Originally for botanical and architectural prints, it's a unique art form.

JULY 4TH / 11:30HRS AT LA POPULAR

## IMAGES OF WATER & LIGHT WORKSHOP

Create unique images using sunlight and natural objects. In this hands-on workshop, we'll prepare the photosensitive solution, expose the paper, and practice developing the prints directly in the sea.

JULY 5TH / 11:30HRS AT LA POPULAR

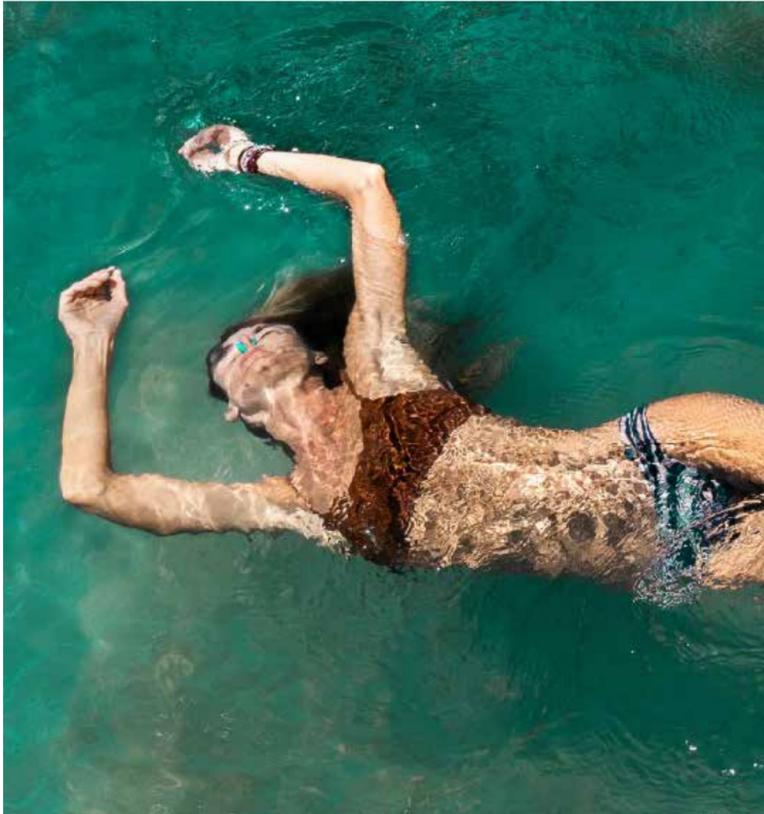


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# FULL PROGRAM

SPECIAL WEEKEND — WATER THE HIDDEN ELEMENT



## AGUA MAGICA with Kayla

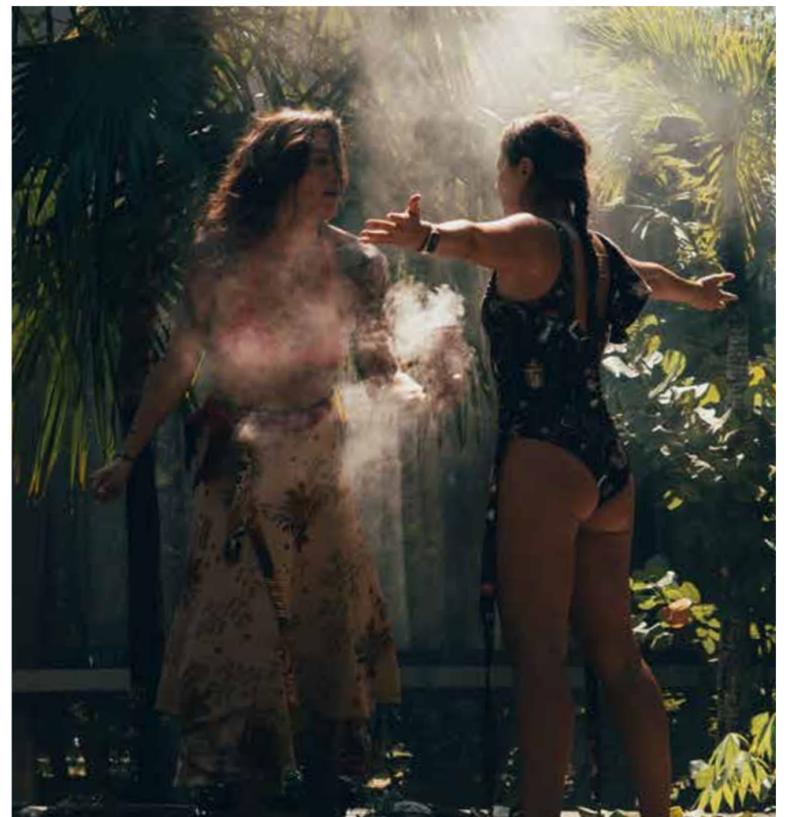
Float in warm waters, surrender to the swaying that resembles the mother's womb.

JULY 6TH  
11:30HRS AT POOL

## NURTURING TEMAZCAL

Witness the elemental dance: Water unites with the heat of volcanic rock, moistens the clay, and absorbs the properties of herbs. This beautiful synergy guides you to self-care in a communal setting.

JULY 7TH  
17:00HRS AT TEMAZCAL  
40USD PER PERSON



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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## THE CREATIVE FAMILY: ACROYOGA with Ola

Play & Learn yoga poses in pairs!

JULY 8TH  
17:00HRS AT SHALA

## THE CREATIVE FAMILY: WEAVING TRADITIONAL MEXICAN CRAFT WORKSHOP with Fabiola

Weave your intention. Your handcrafted piece will serve as a lasting reminder of your profound journey.

JULY 9TH  
17:00HRS AT SHALA



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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## THE CREATIVE FAMILY: THE HIGHER WISDOM OF YOUR LINEAGE

How to use relationships, parenthood and family dynamics as a vehicle for deeper transformation and lineage healing.

JULY 10TH  
18:00HRS AT GRATITUDE TENT

## FULL MOON CEREMONY with Don Chui

Be part of our monthly ritual around the bonfire.

JULY 10TH  
19:00HRS AT FIREPIT  
FREE FOR ALL



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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## THE CREATIVE FAMILY: DANCING WITH FANS

with Madhu

Move and dance playfully and graciously with Fans.

JULY 13TH  
17:00HRS AT SHALA

## FAMILY SUNDAY'S: POP UP MARKET

Nômade Pop-Up Market is the perfect time to decompress and enjoy the local life of Tulum, great music, the most creative local brands, and a space for all of us to enjoy the beach with our friends, family, and kids. Sunset included

JULY 13TH  
14:00-19:00HRS AT LA POPULAR



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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## THE CREATIVE FAMILY: MOVIE NIGHTS

Enjoy a family afternoon at the Gratitude Tent with animated movies!

JULY 15TH & 30TH  
17:00 HRS AT GRATITUDE TENT

## HUMAN DESIGN WORKSHOP with Jennifer

Guided by your birth date, uncover the intricate workings of your personal system. Understand where your energy and inspiration truly originate, empowering you to live in full alignment with your highest potential.

JULY 17TH  
18:00 HRS AT GRATITUDE TENT



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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## BINAURAL FREQUENCIES MEDITATION with Sol

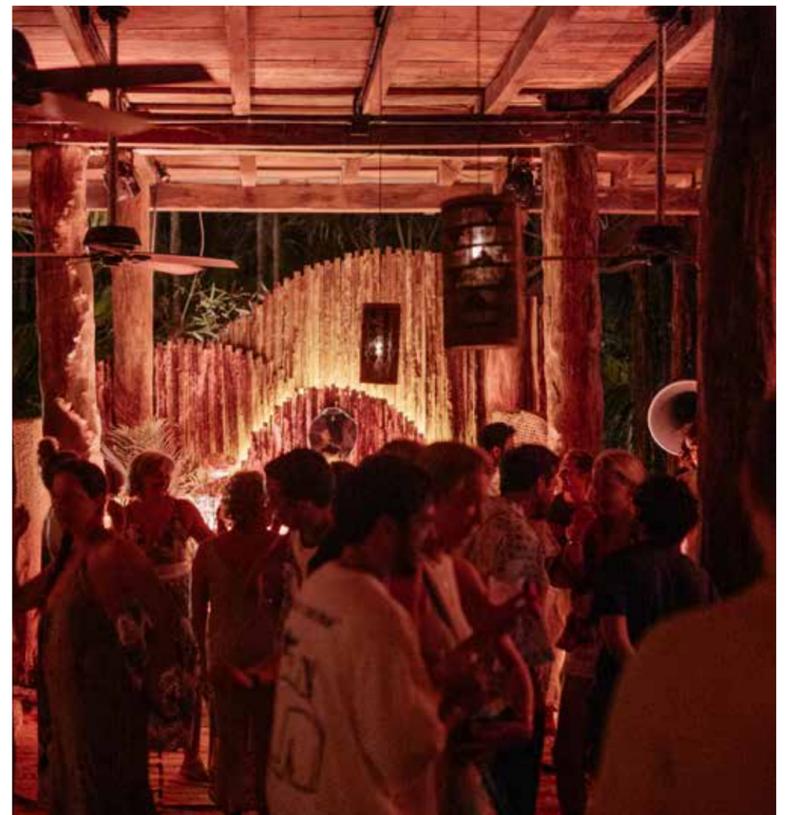
Tune in and embody a state of deep presence and inner calmness, supported by the amplifying properties of minerals and vibrational frequencies.

JULY 18TH  
18:00HRS AT GRATITUDE TENT

## ORIGINS

A celebration of Tulum's spirit through music, sensuality, and community. Immerse yourself in an experience that connects the senses and honors Tulum's cultural roots.

EVERY THURSDAY  
19:30HRS AT MACONDO

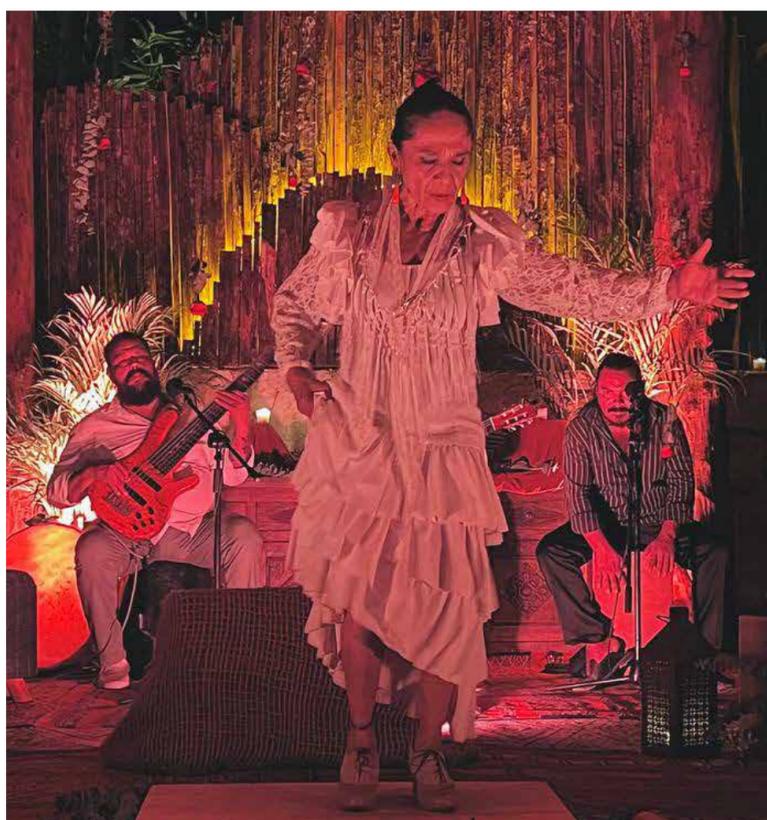


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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## STUDIO SOUND by Flamencos

In this special performance, the artists take you on a journey through the rhythms of flamenco, tracing its roots and evolution through powerful musical interpretations and expressive dance.

JULY 18TH  
20:00HRS AT MACONDO

## THE CREATIVE FAMILY: NATIVE BIRDS COLOURING & LEARNING with Caro

Paint the Native Birds of Yucatan Peninsula and learn about their lifestyle.

JULY 20TH  
17:00HRS AT GRATITUDE TENT



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# FULL PROGRAM

THE CREATIVE FAMILY — HIGHLIGHTED ACTIVITIES



## THE CREATIVE FAMILY: BUILD YOUR OWN KITE & STYLE IT! with Caro

Bring your style to your Kite, add all the elements you want, and fly it!

JULY 27TH  
17:00HRS AT GRATITUDE TENT

## TENT TAKEOVER: SEPTENIAL ASTROLOGICAL CYCLES with Clementina

Learn about the 7-year periods and what they mean for you.

JULY 31ST  
18:00HRS AT GRATITUDE TENT



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# FULL PROGRAM

WEEKLY CLASSES



## TEMAZCAL CEREMONY

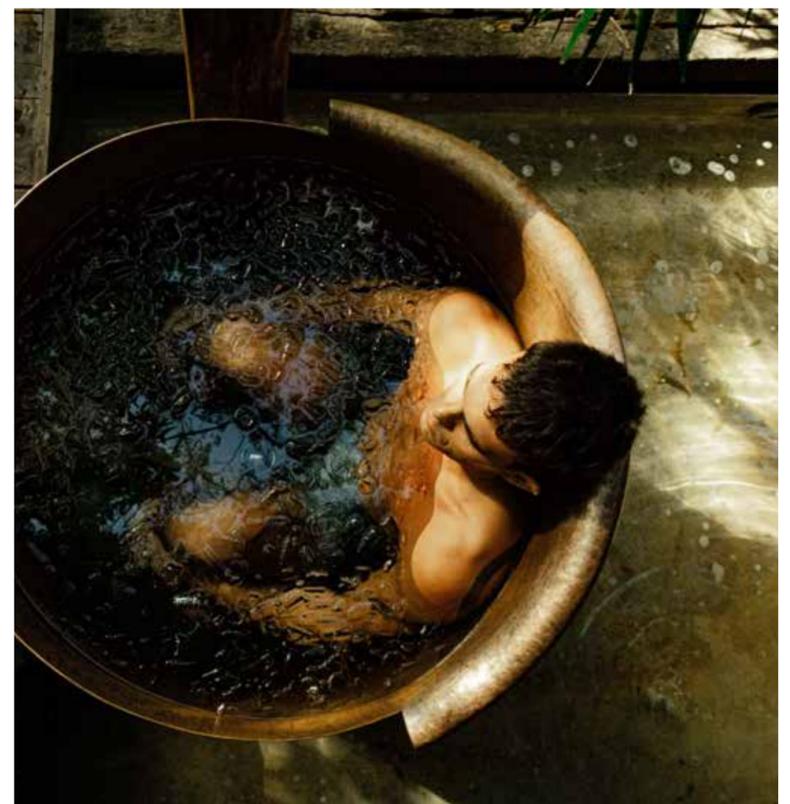
The Temazcal is an ancient steam ceremony from Mexican and Mayan cultures, practiced for centuries as a space for healing, detoxification, and reflection. Using fire, volcanic stones, and water, participants pass through four stages representing the elements, guided by songs, prayers, and offerings. This tradition supports physical and mental renewal through heat and introspection.

EVERY MONDAY  
17:00HRS AT TEMAZCAL

## ICE BATH

Cold therapy with our copper ice bath promotes muscle recovery, improves circulation, and enhances mood. Led by experts, it focuses on breath control and resilience, optimizing recovery and performance for athletes and wellness enthusiasts.

EVERY SATURDAY  
13:30HRS AT SHALA



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